

Samantha Kendall

The New Ballard Score

www.ballardscore.com

NEUROMUSCULAR MATURITY

SIGN	SCORE							SIGN SCORE
	-1	0	1	2	3	4	5	
Posture								4
Square Window								3
Arm Recoil								4
Popliteal Angle								5
Scarf Sign								4
Heel To Ear								4
TOTAL NEUROMUSCULAR SCORE								24

MATURITY RATING

TOTAL SCORE	WEEKS
-10	20
-5	22
0	24
5	26
10	28
15	30
20	32
25	34
30	36
35	38
40	40
45	42
50	44

SIGN	SCORE							SIGN SCORE
	-1	0	1	2	3	4	5	
Skin	Sticky, friable, transparent	gelatinous, red, translucent	smooth pink, visible veins	superficial peeling &/or rash, few veins	cracking, pale areas, rare veins	parchment, deep cracking, no vessels	leathery, cracked, wrinkled	5
Lanugo	none	sparse	abundant	thinning	bald areas	mostly bald		0
Plantar Surface	heel-toe 40-50mm: -1 <40mm: -2	>50 mm no crease	faint red marks	anterior transverse crease only	creases ant. 2/3	creases over entire sole		3
Breast	imperceptible	barely perceptible	flat areola no bud	stippled areola 1-2 mm bud	raised areola 3-4 mm bud	full areola 5-10 mm bud		3
Eye / Ear	lids fused loosely: -1 tightly: -2	lids open pinna flat stays folded	sl. curved pinna; soft; slow recoil	well-curved pinna; soft but ready recoil	formed & firm instant recoil	thick cartilage ear stiff		3
Genitals (Male)	scrotum flat, smooth	scrotum empty, faint rugae	testes in upper canal, rare rugae	testes descending, few rugae	testes down, good rugae	testes pendulous, deep rugae		3
Genitals (Female)	clitoris prominent & labia flat	prominent clitoris & small labia minora	prominent clitoris & enlarging minora	majora & minora equally prominent	majora large, minora small	majora cover clitoris & minora		N/A
TOTAL PHYSICAL MATURITY SCORE								17

Gestation by Dates

8/28/39¹ weeks

Birth date Hour 09 29 am pm

APGAR 1 min 5min 8/9 8 9

Scoring

Gest. Age by Maturity Rating	38 weeks
Time of Exam Date	1-18-39
Hour	0930 am pm
Age at Exam	1 hours

Signature of Examiner

S Kendall

M.D. / R.N.

References :

Ballard JL, Khoury JC, Wedig K, et al: New Ballard Score, expanded to include extremely premature infants. J Pediatrics 1991; 119:417-423.

<http://ballardscore.com/Pages/ScoreSheet.aspx>