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IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference): Delusional disorder- False personal beliefs that are inconsistent with the persons intelligence or cultural background. Person continues to believe despite obvious proof.</p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.);</p> <p>Depression/Anxiety- worsen severity of delusions</p> <p>Lots of fear and worry about not being believed.</p> <p>No reported drug use.</p>	<p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</p> <p>A). The presence of one or more delusions w/duration of 1 month or longer.</p> <p>B). Criterion A for schizophrenia has never been met</p> <p>C). Apart from the impact of the delusion or its ramifications, functioning is not markedly impaired, and behaviors not obviously bizarre or odd</p> <p>D). If manic or major depressive episodes have occurred these have been brief relative to the duration of delusional period.</p> <p>E). The disturbance is not attributed to the physiological effects of substances or another medication condition and is not better explained by another medical doctor.</p>
<p>4. Medical Diagnoses:</p> <p>Medical Dx: GI bleed Psych DX: Delusional disorder.</p>	<p>6. Lab Values That May Be Affected:</p> <p>N/A</p> <p>In research that I did outside of clinical I read that increased levels of dopamine could be associated with delusional parasitosis. I attempted to look for a catecholamine level in the patients chart but was unable.</p>	<p>7. Current Treatment:</p> <p>Latundra 20mg BID Bupropion (Wellbutrin) Daily 150mg Follow up with psych after discharge.</p>
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</p> <p>Hamilton Anxiety Rating: 18- moderate to severe anxiety</p> <p>Hamilton Depression Rating Scale: 20- Moderate to severe depression</p> <p>Columbia Suicide Severity Rating- No risk</p>		

<p>8. Focused Nursing Diagnosis:</p> <p>Disturbed thought process Ineffective coping</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7:</p> <ol style="list-style-type: none"> 1. Establish therapeutic relationship and communication. <p>Evidenced Based Practice:</p> <p>Provides a safe and non-judgemental environment where the patient feels comfortable expressing themselves.</p> <ol style="list-style-type: none"> 2. Convey your acceptance of clients need for the false belief but indicate that you do not share the same belief . 	<p>13. Patient Teaching:</p> <ol style="list-style-type: none"> 1. Avoid picking at skin/scabs to prevent possible skin infection. Teach patient to wash hands prior to applying antibiotic crème. Teach patient to take medications as prescribed. Missing doses could cause worsening symptoms or delusions. 2. Teach patient to be cautious of harmful chemicals they may try to use to disinfect as some chemical can cause burns or irritation to the skin. It is best to reach out to a HCP/or bug exterminator prior to using new chemicals.
<p>9. Related to (r/t):</p> <p>Inability to trust & Panic level of anxiety Low self-esteem</p>	<p>Evidenced Based Practice:</p> <p>This allows for the caregiver to say that they trust that what the patient sees is real without making the patient feel like they are not being believed. Helping to promote trust.</p> <ol style="list-style-type: none"> 3. Promote healthy coping strategies. Finding alternatives to picking at skin. Possibly encouraging the use of crème when patient feels the need to pick for bugs. 	<p>14. Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> 1. Follow up appointment for further evaluation and counseling services with Psych. 2. Ensure patient has the ability to get needed medications for psyche and medical needs.
<p>10. As evidenced by (aeb):</p> <p>Delusional Thinking Alteration in societal participation</p>	<p>Evidenced Based Practice:</p> <p>Decreases the risk of infection by promoting good handwashing and avoidance of picking with nails but still trying to satisfy the need to kill bugs.</p>	<p>NAMI Lubbock- Serves residents across the Lubbock with free mental health support, online groups, resources and education.</p> <ol style="list-style-type: none"> 3.
<p>11. Desired patient outcome:</p> <p>Client is able to refrain from responding to delusional thoughts, should they occur.</p> <p>Client will develop trust in at least one staff member- during stay at hospital . So that positive reinforcement of not seeing bugs will be trusted.</p>		