

## Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies:

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Ceftriaxone	2g/20ml IV Once/daily	IVP – sterile water, 20 ml, given over 3-5 mins	Pt receiving this medication for UTI and Pyelonephritis.	<ol style="list-style-type: none"> <li>1. Antibiotics put you at a higher risk for C. Diff and GI upset – notify HCP of abd cramping, fever, or watery/bloody stools.</li> <li>2. This medication may cause pain or phlebitis at the IV site – notify RN/HCP if this occurs.</li> <li>3. Notify HCP if you experience a rash, facial/oral swelling or trouble breathing – this could be a sign of an anaphylactic reaction.</li> </ol>
Atorvastatin	PO 10mg Once/daily	N/A	Pt receiving this medication for hypercholesterolemia.	<ol style="list-style-type: none"> <li>1. It's important to take this medication in conjunction with diet changes (restrict fats, carbs and alcohol) and exercise to lower cholesterol.</li> </ol>

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				<ol style="list-style-type: none"> <li>Avoid grapefruit juice while taking this medication – it can increase the amount of atorvastatin in the bloodstream.</li> <li>Notify if having muscle weakness or spasms, or dark urine – this could be a sign of rhabdomyolysis, which is a serious adverse effect of this medication.</li> </ol>
Lisinopril	PO 20mg Once/daily	N/A	Pt is receiving this medication for hypertension.	<ol style="list-style-type: none"> <li>This medication may cause hypotension – call before getting out of bed and change positions slowly to avoid becoming dizzy.</li> <li>This medication may cause angioedema, which is facial swelling. Please notify HCP immediately if this occurs.</li> </ol>

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				<ol style="list-style-type: none"> <li>Do not stop this medication abruptly, as it can cause rebound hypertension. This can lead to a other complications like heart attack and stroke.</li> </ol>
Methylprednisolone	<p>IV 125mg/2ml One injection, medication DC for pt</p>	<p>IVP Bacteriostatic water 5-7 mins</p>	<p>Pt receiving this medication to treat inflammation secondary to pyelonephritis.</p>	<ol style="list-style-type: none"> <li>This medication may cause dizziness, blurred vision – call before getting out of bed and change positions slowly.</li> <li>This medication may also cause n/v/d. It's important to drink fluids to avoid further dehydration.</li> <li>This medication may cause pain, redness and swelling at the injection site. Notify RN if this occurs.</li> </ol>

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Acetaminophen	PO 650mg PRN	n/a	Pt receiving this for moderate pain, as needed.	<ol style="list-style-type: none"> <li>1. Do not take more than the recommended amount. Can be toxic to your liver.</li> <li>2. Notify HCP if rash or blistering of skin/mucous membranes occurs – could be sign of allergic reaction or Steven Johnson’s Syndrome</li> <li>3. Notify HCP if pain is not relieved by routine doses of this drug.</li> </ol>
Potassium Chloride	PO 40 mEq PRN – K+ protocol	N/A	Pt receiving this medication for hypokalemia upon admission.	<ol style="list-style-type: none"> <li>1. This should be taken with food, as it is hard on your GI tract. Notify if experiencing GI distress or bloody/tarry stools.</li> <li>2. This medication can cause HYPERkalemia –</li> </ol>

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				<p>notify if experiencing weakness, irregular/extra heart beat, muscle weakness</p> <p>3. This medication may also cause n/v. It's important to stay hydrated while taking this medication, especially if these symptoms occur to avoid further dehydration.</p>
				<p>1.</p> <p>2.</p> <p>3.</p>
				<p>1.</p> <p>2.</p> <p>3.</p>

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				1. 2. 3.
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Medication reference: