

Student Name: Lauren Dane

Date: 1/16/24

Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Pt states she hasn't had a BM since 1/11/24. Stated it was "runny". Abd distended. Bowel sounds hyperactive x4. Pt denies tenderness to all 4 quadrants. Last BM 1/11/24

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Pt has 16Fr urinary catheter at this time. Denies urgency. Pt is incontinent. Urine is clear & amber color. Unable to assess odor. Denies vaginal bleeding and discharge. Urine output (last 24 hrs) ~700^{mL} LMP (if applicable) "I don't know"

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Asst - Symmetrical alignment. Pt laying down due to back pain, unable to assess posture. Pt is partial assist. Unable to assess gait d/t pt not wanting to get out of bed due to being tired and back/joint pain. Pt able to move extremities while laying down. Movements

Skin (skin color, temp, texture, turgor, integrity) Voluntary and unstable. No deformities noted
Skin color normal for race. Extremities are cool and upper extremities are warm. Reduced skin turgor. Skin is intact. Edema noted to lower extremities, 1+ pitting.

Wounds/Dressings

Pt has IV dressings to @wrist and @Breast. Dressing is clean, dry and intact. No wounds noted at this time.

Other

22g IV to @wrist & 0.9% NaCl running @ 100 mL/hr. 24g IV to @breast, INT.