

Covenant School of Nursing Reflective Practice

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Instructional Module: IMU

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<p><b>Step 1 Description</b></p> <p>Mom came in @ 0700 for induction, dad was @ bedside. Dr. Blann came in to break water @ 0830. I did observe epidural &amp; rupture of membranes. I got to place a Foley on mom when epidural kicked in. Started oxytocin</p>	<p><b>Step 4 Analysis</b></p> <p>I can apply today to my lectures, a lot that I saw today pulled everything in lecture together. A lot made sense after seeing active labor / fetal monitors.</p>
<p><b>Step 2 Feelings</b></p> <p>In the beginning I was nervous, but once I saw that mom was most likely to labor today I got excited. During mom's water break &amp; epidural I felt uneasy due to the procedures but I felt empathetic towards her, I think that's the most important feeling. By the time we had to leave my baby still wasn't here so that was sad!</p>	<p><b>Step 5 Conclusion</b></p> <p>In this situation they mentioned that starting the oxytocin sooner would have helped the situation but mom wanted epidural first which delayed it. In conclusion I learned a lot &amp; this experience helped put all the pieces together.</p>
<p><b>Step 3 Evaluation</b></p> <p>I think overall my patient &amp; her experience was good. Her epidural was a better experience than her last time which made her super comfortable &amp; relaxed. My nurse did a good job @ explaining things to her and keeping her calm. The catheter I put in felt easy &amp; not too difficult. I was hoping for a different outcome because I wanted to see the baby born.</p>	<p><b>Step 6 Action Plan</b></p> <p>This clinical was fun and interesting to see how the woman's body work &amp; how strong these moms are. I can apply this clinical experience to my lecture and exams upcoming. This will help in the future because I got hands on skills experience today.</p>