

**Covenant School of Nursing  
Instructional Module 1 Learning Guide  
Topic: Hygiene**

<b>Learning Goals/Outcomes</b>	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> <li>• Explain how personal hygiene relates to health and well-being</li> <li>• Describe factors influencing personal hygiene practices</li> <li>• Discuss different approaches used in maintaining a patient's comfort and safety during hygiene care</li> <li>• Demonstrate nursing skills to promote patient hygiene</li> </ul>	
<b>Pre-Class Preparation</b>	
<p><b>Read:</b></p> <ul style="list-style-type: none"> <li>• Potter, P.A., Perry, A.G., Stockert, P.A., Hall, A.M., <u>Fundamentals of Nursing</u>, 10<sup>th</sup> ed. (2021) &amp; 11<sup>th</sup> ed. (2023) Chapter 40 - Hygiene</li> </ul> <p><b>Review:</b></p> <ul style="list-style-type: none"> <li>• Hygiene PowerPoint located on the Learning Management System (LMS), Lessons, Hygiene folder</li> </ul> <p><b>Required:</b></p> <ul style="list-style-type: none"> <li>• HESI assignment – See the HESI Assignment document located on the Learning Management System (LMS), HESI Assignments folder</li> <li>• Achieve an average of 80% on each assigned activity</li> </ul>	
<b>Learning Activities</b>	
<p><b>Classroom Activities:</b></p> <ul style="list-style-type: none"> <li>• Lecture</li> <li>• Discussion</li> </ul> <p><b>Laboratory/Clinical:</b></p> <ul style="list-style-type: none"> <li>• Perform hygiene activities in all clinical settings as deemed necessary to promote high-quality patient care</li> </ul> <p><b>Online:</b></p> <ul style="list-style-type: none"> <li>• My Evolve Clinical Skills for Nursing Collection Course Content Essential Collection: Performing a Complete or Partial Bedbath Applying Compression Stockings Making an Occupied Bed</li> </ul>	
<b>Evaluation Methods</b>	
<ul style="list-style-type: none"> <li>• Unit Exam</li> <li>• Clinical Observation</li> </ul>	
<b>Texas DECs</b>	<b>QSEN Competencies</b>
<p><b>Knowledge</b></p> <p>II.A,1a, 2b, 3, 4a; IIB, 2,6,7,12; IIC, 3a, 4a, 4b, 6, 8; IID, 1a;IIE, 1a, 1b, 1c, 3b, 4b, 5, 12; IIG,3a; IVB, 3d, IVC, 3a, 8</p>	<p>PCC; T &amp; C, S</p>

<b>Clinical Judgments and Behaviors</b> IA, 2; IB, 2a, 3a, 3c, 5a, 5c; IIA, 2a, 2b, 4; IIB, 2, 3b, 5; IIC, 1, 2, 7; IID, 2c, 3b; IIE, 2a, 2b, 4, 6a, 13a; IIF, 1a, 1b, 1c, 5a, 5b; IIG, 1a, 5c; IIIA, 4; IIIB, 1, 2, 3a, 3b; IIIC, 2a; IVB, 1a, 2a; IVC, 2b; IVE, 2b	
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
2/1;3/3, 4/1; 4/4; 6/6;6/1,8/8	MOC: Basic Care and Comfort; Personal Hygiene MOC: Health Promotion & Maintenance
<b>Concepts</b>	<b>Faculty</b>
<b>Health Promotion Hygiene/ Pathophysiology of Skin and Ppressure Ulcers</b>	Niki McAdams, MSN, RN
<b>Date originated: 06/18/15</b>	<b>Revision Dates:</b> 9/9/16, 12/07/16, 01/10/17, 12/06/17, 01/21/19, 01/31/20, 5/14/20, 01//01/22, 10/20/23, 01/14/24

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