Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: The Art of Pediatric Nursing

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Apply elements of family-centered care in the practice setting. • Differentiate between Family Systems Theory and Family Stress Theory. • Differentiate between various types of families and parenting styles. • Identify child and family stressors. • Apply principles of Atraumatic Care to child and family stressors. • Apply guidelines of communicating with children to the pediatric clinical setting.
Pre-Class Preparation
Recommended: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier. • Family-Centered Care, pgs. 7-8. • Atraumatic Care, pg. 8. • Definition of Family, pg. 15. • Family Theories, pg. 15-17. • Family Structure, pgs. 18-19. • Parenting Styles, pg. 20-21. • Providing Anticipatory Guidance, pg. 59. • Communicating with Children, pgs. 60-62.
Learning Activities
Classroom Activities: • Discussion: How do you apply family-centered care and atraumatic care in the pediatric clinical setting? • Watching several brief video clips on family-centered care, parenting styles, and pediatric communication. Laboratory/Clinical Activities: • Application of the principles of Family-Centered Care and Atraumatic Care to the pediatric patient. • Demonstration of developmentally appropriate communication. Online/Out of Class Activities: • None
Evaluation Methods
• Unit Exam • HESI Specialty Exam: Pediatric Nursing

Texas DECs	***QSEN Competencies***
Knowledge: IIA1a-1b, 3; IIB3, 5; IIC1a, 2a, 8; IVA2; IVC1, 3; IVD1. Clinical Judgment: IIB1; IIC1; IID1; IIE9; IVA1; IVC1a-c; IVD2; IVD6a.	Patient-Centered Care, Teamwork & Collaboration
IM Student Learning Outcomes	***NCLEX Test Plan***
2, 3, 5, 8	Safe and Effective Care: Management of Care: Advocacy, Collaboration with Interdisciplinary Team, Concepts of Management, Referrals. Health Promotion and Maintenance: Developmental Stages and Transition, Health Promotion/Disease Prevention. Psychosocial Integrity: Coping Mechanisms, Cultural Awareness/Cultural Influences on Health, Family Dynamics, Stress Management, Therapeutic Communication.
Concepts	***Faculty***
Care Coordination, Collaboration, Communication	D'Anne White MSN, RN
Date originated: May, 2016	***Revision Dates:*** November, 2016 July, 2016 November, 2017 May, 2018 November, 2019 July, 2020 December, 2020 April, 2021 July, 2021 November, 2021 December, 2022 July, 2023