

Covenant School of Nursing Instructional Module (IM6)
SIMULATION LEARNING GUIDE
Topic/Concept: PMH Simulation

Needs Analysis Documentation
<ul style="list-style-type: none">• Students have limited PMH clinical experience and may not have the opportunity to assist in the care of a PMH patient in an acute setting.
Learning Goals/Outcomes
Upon completion of this simulation learning activity, you will be able to: <ul style="list-style-type: none">• Identify, prioritize and implement appropriate nursing interventions based on a focused PMH assessment for the acute PMH patient such as responding to internal stimuli, self-harm, suicidal ideation, agitation, anxiety, alcohol and drug withdrawal.• Apply trauma-informed care therapeutic communication techniques applicable to specific patient behaviors including anxiety, agitation, responding to internal stimuli, and staff manipulation.• Use critical thinking to select appropriate interventions for patients based on assessment and using assessment tools appropriate to specific scenarios.• Identify safety concerns and implement measures to minimize risk.
Scenario(s) Used
<ul style="list-style-type: none">• Substance use disorder (SUD) - Alcohol withdrawal• Schizophrenia• Borderline personality disorder (BPD)• Anxiety• Bipolar mania• Post-traumatic stress disorder (PTSD)• Dual-diagnosis (SUD/depression)
Schedule of Activities
PMH Sim Day One <ul style="list-style-type: none">• Orientation to simulation center• PMH Room, orientation• Therapeutic communication activity• PMH scenarios PMH Sim Day Two <ul style="list-style-type: none">• PMH Room, orientation• Therapeutic communication activity<ul style="list-style-type: none">• PMH scenarios
Pre-Simulation Learning Activity Preparation (Pre-Briefing)
On-Line/ Out of Class <ul style="list-style-type: none">• Review contents of PMH simulation folder in LMS prior to coming to PMH sim• Complete the PMH Medication work sheets for the common medications you might encounter in your scenario Lecture(s)

- Nurse/patient relationship
- Psychopharmacology
- Anxiety disorders
- Schizophrenia
- Personality disorders
- Mood disorders
- Substance use disorders

Simulation Learning Activities

Simulation Activities:

- Orientation to room
- Therapeutic communication and safety review
- Scenarios
 - o Role assignment for each student – TPCN, CN, Family member, Physician, Debriefers, additional RN, or family member
 - o Pre-Brief SBAR off going report
 - o Group discussion to establish plan of care for the patient
 - o Critical Thinking Worksheet for TPCN to use in planning or patient care
 - o Debriefers Evaluation tool

Online/Out-of-Class:

- PMH Simulation Reflection

Evaluation Methods (Debriefing)

- Delta+ discussion
- Post-SLA Survey in Red Cap

Other Appropriate Documentation

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Time Allotted	PMH Sim Day One
0.5 hours	High-fidelity room and simulation center orientation
0.75 hours	Therapeutic communication and safety activity
2.25 hours	Anxiety patient – (High-fidelity scenario calculated 2:1) (Pre-brief/setup 30 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.25 hours	PTSD patient – (High-fidelity scenario calculated 2:1) (Pre-brief/setup 30 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.25 hours	Drug abuse patient – (High-fidelity scenario calculated 2:1) (Pre-brief/setup 30 minutes, 30 minutes scenario, 15 minutes Post-brief)
8.00 hours	
Time Allotted	PMH Sim Day Two
2.0 hours	Alcohol withdrawal patient – (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	Borderline personality disorder patient (High-fidelity scenario calculated 2:1) (Pre-brief 10 minutes, 20 minutes scenario, 15 minutes Post-brief)
2.0 hours	Schizophrenia patient– (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	Bipolar mania patient (High-fidelity scenario calculated 2:1) (Pre-brief 10 minutes, 20 minutes scenario, 15 minutes Post-brief)
8.00 hours	

Texas DECs	QSEN Competencies
<ul style="list-style-type: none"> • Knowledge • Provider of patient centered care • Patient safety advocate • Clinical Judgement 	<ul style="list-style-type: none"> • Patient Centered Care • Teamwork & Collaboration • Evidence Based Practice • Safety
IM Student Learning Outcomes	NCLEX Test Plan
<ul style="list-style-type: none"> • Assessment & Intervention • Communication • Critical Thinking • Human Caring & Relationship • Management • Leadership • Teaching • Knowledge Intergrations 	<ul style="list-style-type: none"> • Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
Concepts	
<ul style="list-style-type: none"> • Clinical Judgment • Communication • Patient Education • Professionalism • Teamwork and Collaboration • Evidence-based Practice • Leadership and Management • Patient-centered Care • Safety 	
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