

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed prior to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 will account for 4% of your total grade.
- Progression to the next module requires completion of all assigned work.

Weekly Topics and Required Reading	Highly Recommended HESI Clinical Skills	Highly Recommended HESI Case Studies	Questions per Lecture
WEEK 1			
<p>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Ch. 8, Nutrition for Childbearing pgs. 154-170, Chapter 9: Assessing the Fetus pgs. 178-198. Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternal Nursing, Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits and Nutrition, Obtain Laboratory Data, Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Additional Antepartum Tests-Non-stress test, Contraction stress test, Biophysical profile. Antepartum Nursing Care: Psychosocial Responses to Pregnancy, Appendix-Common Laboratory Tests 	<p>Antepartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold's Maneuvers <p>Intrapartum Nursing Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Laboring Patients: Nursing Care • Rho (D) Immune Globulin 		16
<p>Electronic Fetal monitoring / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371 • HESI Comprehensive Review for the NCLEX-RN Examination: Electronic Fetal Monitoring 	<p>Electronic Fetal Monitoring Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Fetal Heart Rate: Interpretation 		7
<p>Intrapartum Nursing / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12-Processes of Birth; Chapter 13-Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Intrapartum 	<p>Intrapartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery 		25

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Postpartum Nursing / Soliz - Required Reading: <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627 HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Postpartum Nursing Care: Normal Postpartum 	Postpartum Maternal Newborn Collection <ul style="list-style-type: none"> Assessment: Postpartum Patients Breastfeeding Education Cesarean Delivery: Recovery Care 	<ul style="list-style-type: none"> Postpartum 	17
OB HESI Adaptive open book Quiz # 1		Due 01/17/24 @ 2359	
EXAM 1 - 65 Questions + Dose Calculation Questions		01/18/24 - 0800-1100	
WEEK 2			
Current Theories & Practice / Maya - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Current Theories Mental Health Collection <ul style="list-style-type: none"> Elopement 		11
PMH Legal/Ethical Issues / Maya - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Abuse and Neglect Mental Health Collection Abuse & Neglect of Older Adults		3
WEEK 3			
Psychopharmacology / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 4 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychopharmacology Mental Health Collection Psychiatric Medications; Recognizing Adverse Effects		12
Therapeutic Communication / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication 	Nurse Patient Relationship Mental Health Collection <ul style="list-style-type: none"> Therapeutic Communication 		9
Mood Disorders / Maya - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16; Ch. 23. HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> Bipolar Disorder Depression Electroconvulsive Therapy 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> Depression 	15

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Substance Use Disorder / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing 	Substance Use Disorder Mental Health Collection <ul style="list-style-type: none"> Addiction, Chemical Dependency & Withdrawal 	Substance Use Disorder Mental Health Collection <ul style="list-style-type: none"> Alcoholism 	15
PMH - HESI Adaptive open book Quiz # 2		Due 01/28/24 @ 2359	
EXAM 2 - 65 Questions + 5 Dose Calculation Questions		01/29/24 - 0800-1100	
WEEK 4			
Pregnancy at Risk / Neel - Required Reading: <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: High-Risk Disorders 	Pregnancy at Risk Maternal Newborn Collection <ul style="list-style-type: none"> Deep Tendon Reflexes Precipitous Delivery Prolapsed Cord Shoulder Dystocia 	Pregnancy at Risk <ul style="list-style-type: none"> Ectopic Pregnancy Gestational Diabetes Preeclampsia 	26
Week 5			
Reproduction, Contraception & Infertility / Soliz - Required Reading: <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 5 Conception, and Fetal Development; Ch. 26 Infertility Ch. 25 Family Planning pp. 693-716 HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing The Menstrual Cycle and Contraception Methods, Fertilization and Maternal Physiologic Changes during Pregnancy 			13
Women's Health / Neel - Required Reading: <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774 HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System & STD's 	Women's Health Maternal Newborn Collection <ul style="list-style-type: none"> Dilatation & Curettage Emergency Collection <ul style="list-style-type: none"> Sexual Assault Exam 	Women's Community Health Collection <ul style="list-style-type: none"> Herpes Simplex HESI Maternal-Newborn Practice Exam HESI Maternal Newborn Quiz 	26
OB HESI Adaptive open book Quiz # 3		Due 02/11/24 @ 2359	
EXAM 3 - 65 Questions + 5 Dose Calculation Questions		02/12/24 - 0800-1100	

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WEEK 7			
Psychiatric Emergencies / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> • Agitation & Disturbed Behaviors Prevention 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> • Psychosis 	15
Schizophrenia / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> • Schizophrenia & Psychosis 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> • Schizophrenia 	20
Somatic Symptoms Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 			5
Anxiety & Stress Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Anxiety Mental Health Collection <ul style="list-style-type: none"> • Anxiety 		16
Personality Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 • HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nsg. 	Personality Disorders Mental Health Collection <ul style="list-style-type: none"> • Borderline Personality Disorder 	<ul style="list-style-type: none"> • HESI Mental Health Practice Exam • HESI Mental Health Quiz 	9
PMH HESI Adaptive open book Quiz # 4		Due 02/25/24 @ 2359	
EXAM 4 - 65 Questions + 5 Dose Calculation Questions			02/26/24-1100-1400

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Additional Assignments

- **01/15/24 (Beginning of Week 2)** Current theories reflective journal assignment due @ 2359.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on **02/01/24 @ 0700** and **Group 2** on **02/22/24 @ 0700**.
- PMH Patient Teaching Brochure for presentation due @ **0700** on Thursday preceding the presentation date.
- OB Presentation upload to LMS drop box for **Group 1** on **02/01/24 @ 1000** for **Group 2** on **02/15/24 @ 0700**.
- HESI Adaptive open book Quizzes 1-4 are due on the **Sunday night prior to the corresponding unit exam at 2359**.
- Obstetrics/Maternity Practice Exam and Quiz due on **02/11/24 @ 2359**.
- PMH HESI Practice Exam and Quiz due on **02/25/24 @ 2359**.
- All Clinical paperwork is due on Thursday after the clinical activity @ **1600**.
- All PMH & OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, **02/01/24 and 02/22/24 @ 1600** to be allowed to switch clinical rotations and to progress to IM7.