

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>When I went into CPE I had steps written down on what I was going to do and little notes to help me not forget anything. When I first entered the room, I introduced myself, asked the pt to verify their name, DOB, allergies. I checked the IV site, I made sure they had their nonskid socks on, I made sure to check they had their bed rails up and bed was in lowest position. I felt like I had went really fast and felt like I skipped something without checking my notes. I left the pt's room to go into the med room without making sure they had their call light. I did not follow my patient competencies.</p> <p>My second mistake was when I came back to the room to set up the secondary medication, I didn't clean the IV port before connecting it. I knew I needed to clean the IV connection but panicked and kept going.</p>	<p>Step 4 Analysis</p> <p>What I could apply to this situation is my previous knowledge of making sure my pt always has their call light before leaving the room. I need to be sure to always remind myself of proper cleaning techniques. Making sure I don't forget any steps. Making sure I don't forget any of these steps will prevent any future accidents to the patient. The sense I can make of the situation would be how important it is to make sure my pt is well taken care of and that I am giving my pt the best quality care before I leave their room.</p>
<p>Step 2 Feelings</p> <p>At the beginning I was feeling a okay. But then I started to get nervous going into the room. The event made me feel very nervous. The actions of others reminded me to breathe and relax. It kind of helped me to just relax. I feel I should have done better for the outcome. The most important feeling I have is disappointment. This is the most important feeling because I know I should have done better and I knew what needed to be done but I guess I freaked out.</p>	<p>Step 5 Conclusion</p> <p>I could have made this situation better by saying what I needed at the time and stopping what I was doing to clean the connection when I knew what needed to be done. Others could not have made the situation better. What I could have done differently was say what I needed out loud and point out my mistake. What I learned from this event was it's okay to say what I need as long as I verbalize it.</p>
<p>Step 3 Evaluation</p> <p>The good thing about the event is I still passed; I feel overall I did good. I just really need to remember the big things to help with making sure my pt is always safe. I don't feel like anything was bad about the event. It was difficult because my nerves were a bit all over the place in the beginning. What I feel like went well was being able to interact with my pt, being able to verify their name, DOB, and allergies. Being able to talk and conversate made the nerves go away. I did not expect a different outcome because I knew that I needed to clean the IV connection but panicked instead of verbalizing. For the call light the first time I did not expect to forget it, I guess I felt like I was going really fast and I knew I was missing something and instead of checking or taking a breath I left the room.</p>	<p>Step 6 Action Plan</p> <p>Overall, I think the situation went well. My conclusions are I knew about the call light but failed to hand it to the patient due to feeling overwhelmed and feeling like I was going too fast so I rushed out of the room. I knew I needed to clean the IV connection but didn't know what to do or say so I continued even though I knew I shouldn't have. With hindsight I will make sure to verbalize my mistake out loud and make sure my patient has their call light within reach. I can use the lessons learned from this event in the future by remembering my safety competencies and cleaning techniques. Yes, I can use these lessons from this event in the future by remembering to make sure my patient has their call light in reach and making sure I use clean techniques for the safety of all patients. This has taught me when in doubt go with your gut. This experience will further improve my practice in the future by remembering my failures and not do them again.</p>