

Frances Cerna

## IM8 - Final Reflection

Throughout the last 10 shifts, I have learned a lot about myself as a person, and about what kind of nurse I wish to be. I am grateful for the opportunity to complete my 120 hours on the floor I will be working on as a new graduate nurse. The first five shifts versus the last 5 shifts were vastly different. It is normal for any student or new grad to have doubts in themselves and to be scared, but I let it hinder me during the first half. The second half I immersed myself fully into the experience. For the first time I actually saw myself as a nurse. I was giving and receiving reports, titrating medications, providing education to family members, and even participating in a rapid. Participating in the rapid was a new experience as I have not previously been a part of one. My preceptor and I responded to a patient who was previously on our floor with Covid and had previously coded. She had been transferred to a MedSurg floor after showing signs of improvement and possibly going home soon. The day after she was transferred, she began having difficulty breathing, respirations were in the 40's and Oxygen was trending down, the patient was bagged and quickly transferred to MICU. My role was that of a scribe, I was to write times for everyone's arrival, what time medications were given, what kind such as propofol and rocuronium, as well as time of intubation. The only time there was some confusion was when the nurse giving report seemed flustered; we arrived at 0552 and the nurse practitioner arrived at 0602. When the NP asked what time, the event started the nurse giving report stated 0600, there was also some confusion on the way the patient got to the point of needing intubation. It was interesting watching the two floors interact and how they worked together. I was also able to have the same patients for two weeks straight, seeing them progress in the best way possible was refreshing. Previous experiences patients have declined, seeing the opposite side solidified why I

enjoy healthcare. I learned things such as train of four, biz monitoring, proned an intubated patient for the first time. Something small, but also something I was excited about was learning the fish bone method and finally being able to remember where each lab went. I am grateful for the opportunity to experience the floor, the team, and the environment as a whole before starting as a new graduate.