

## Pediatric ED reflection Questions

1. What types of patients (diagnoses) did you see in the PED?
  - a. I saw one child with a really bad case of croup that was causing the patient to get admitted and then a couple families with the common cold that were worried it was something worse. I also saw a patient who came in for a cut finger that required stitches and cleaning out of the finger. Another patient I saw got admitted for appendicitis that was going to get surgery the next day.
2. The majority of patients who came into the PED were from which age group? Was this what you expected?
  - a. The age range was from 12 months to 11 years old and this is what I expected as the majority of the children were smaller than 6 years of age. Due to the season of the year that we are in I figured everyone was going to be bringing children in for RSV and croup symptoms.
3. Was your overall experience different than what you expected? Please give examples.
  - a. My overall experience was not different than what I expected as we saw almost all that I was expecting to see. The only thing that was unexpected was watching a 3 year old patient get conscious sedated to get stitches in his finger as he could not be calmed with any other methods in order to do the procedure of stitches.
4. What community mental health trends are being seen in the pediatric population?
  - a. I saw no mental health issues in any of the patients that I had seen during my clinical rotation in the ER but I asked one of the nurses in the ED and she said they are seeing an increase in depression and suicide attempts within the pediatric population.
5. What is the process for debriefing after a traumatic event?
  - a. Unfortunately yet fortunately I did not have to experience this myself but they said they all meet together after a traumatic event to talk about what exactly happened, what could have been better, what was done well, and how everyone is feeling about. They also recommend that you get separate counseling if you are still struggling with it after the debrief.