

**Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day**

**Student Name: Isaac Ariza**

**Date: 11/29/2023**

**Patient Allergies: NKA**

**Primary IV fluid and rate: none**

**Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): NA**

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Ascorbic acid	1,000mg PO daily		Vitamin c deficiency	<ol style="list-style-type: none"><li>1. may experience heart burn because this medication is highly acidic, if his happens contact provider</li><li>2. if bowel movement become diarrhea constantly contact provider because it can lead to infection</li><li>3. because this medication is highly acidic it can cause release of excess acid in stomach which may lead to nausea or stomach upset</li></ol>
Atenolol	75mg PO daily		Beta blocker for hypertension	<ol style="list-style-type: none"><li>1. because this medication lowers your blood pressure it can cause dizziness/lightheadedness, so use call light to ask for assistance when needing to stand up</li><li>2. notify provider of any new or worsening chest pain this could be a sign of heart attack</li><li>3. notify provider if experiencing coldness in hands and feet this</li></ol>

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				could be a sign of lack of blood flow to those areas
Atorvastatin	20mg PO daily		Statin for high cholesterol and triglyceride	<ol style="list-style-type: none"><li>1. avoid grapefruits and/or grapefruit products because it can exacerbate other side effects like muscle or joint pain</li><li>2. notify provider if experiencing dark urine, clay colored stool, or yellowing of skin or eyes this could mean possible liver damage</li><li>3. may cause trouble sleeping, so melatonin can be given with it to prevent insomnia</li></ol>
Azithromycin	250mg PO daily		Antibiotic	<ol style="list-style-type: none"><li>1. increased risk of heart rhythm changes like tachycardia in the elderly, so contact provider of abnormally high heart rate</li><li>2. if bowel movement become watery and bloody contact provider because this could be a sign of an internal bleed</li><li>3. notify provider if experiencing dark urine, clay colored stool, or yellowing of skin or eyes this could mean possible liver damage</li></ol>
Ceftriaxone	1g/10mL IVP daily		Antibiotic	<ol style="list-style-type: none"><li>1. contact provider if experiencing black tarry stool this could be a sign of internal bleeding</li></ol>

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				<ol style="list-style-type: none"><li>2. notify nurse if experience coolness at IV site this could be a sign of infiltration</li><li>3. notify nurse of any redness, swelling, or hives at IV site this could be a sign on an allergic reaction</li></ol>
Cholecalciferol	2,000 units PO daily		Vitamin d deficiency	<ol style="list-style-type: none"><li>1. notify provider if experiencing N/V, weakness, or metallic taste in mouth this could be a sign of vitamin D overdose</li><li>2. notify provider if experiencing chest pain or shortness of breath this could be sign of heart attack</li><li>3. may experience weakness so use call light for assistance when needing to get up</li></ol>
Clonidine	0.2mg PO BID		Hypertension	<ol style="list-style-type: none"><li>1. may experience dry mouth so make sure to drink lots of water</li><li>2. because this medication lowers your blood pressure it can cause dizziness/lightheadedness, so use call light to ask for assistance. Also if you continue to experience this contact provider</li><li>3. this medication can cause sleepiness because it increases effects of CNS depressants</li></ol>

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Clopidogrel	75mg PO daily		Blood thinner	<ol style="list-style-type: none"><li>1. notify provider in notice bright red in stool this could be a sign of an active bleed</li><li>2. be cautious when moving around because this medication you to bruise easily</li><li>3. contact provider if you have a bleed that will not stop</li></ol>
Valsartan	320mg PO daily		Hypertension	<ol style="list-style-type: none"><li>1. because this medication lowers your blood pressure it can cause dizziness/lightheadedness, so use call light to ask for assistance</li><li>2. if bowel movement become diarrhea constantly contact provider because it can lead to infection</li><li>3. may experience joint or muscle pain</li></ol>

Medication reference: *Epocrates web*. Epocrates Web. (n.d.). <https://www.epocrates.com/>