

Student Name: Meghan Schmitt

Date: November 29, 2024

Instructional Module 6

Obstetrics Community Clinical Experience

Community Site: Parkridge Pregnancy Center

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

During my day at PPC, I was able to observe the check-in process for patients which could include: pregnancy test confirmation, ultrasound confirmation and an advocacy specialist meeting with a patient.

2. What was the best/most interesting part of the experience?

The most interesting part was witnessing an ultrasound check-up for a patient. The clinic staff told me that they don't do this often, but our patient had previously had a miscarriage and was spotting quite frequently, so to ease their mind, we performed one to verify the pregnancy. It was a really sweet moment to be able to observe as the parent could see their baby and know that everything was still going on track accordingly for this pregnancy.

3. Is a community nursing position something that you would consider working in? Why or why not?

Yes. I've previously thought that I would want to work in a OBGYN type of facility and I feel that while this clinic is a bit different, it gives off the environment, staff and patient services that I'm interested in.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

Yes. This community site is free of charge and allows patients to receive confirmation on a pregnancy test and STD/STI testing. They also offer referrals and services to these patients allowing them to get prenatal care, pregnancy classes and items they may need for their future child. While they do not offer any services for receiving abortions, they do provide a safe space for individuals to come here post-abortion and have certified therapists for those individuals to use (therapeutic services are also free of charge for all patients). I was also able to see how the clinic advocates for a minor coming into care and how they "dealt" with a parent trying to receive information regarding the minor.

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

Yes, I witnessed patient teaching. Most of the teachings included: prenatal importance, safety/support of family and partner, resources such as Doctor referrals for delivery and insurance help to receive Medicaid. When discussing insurance, they talked a lot about giving

Student Name: Meghan Schmitt

Date: November 29, 2024

the patients a POP (Proof of Pregnancy) form, that would allow their patients to get healthcare strictly for their pregnancy and cover the cost of visits and tests needed. I do believe that the patient teaching in this community was adequate. They answered any questions asked effectively and positively; all free from bias, they included information regarding coverage and resources that are available to them through the community and it was great seeing how they validated feelings and made sure that patients were comfortable through their discussions.