

Covenant School of Nursing Reflective Practice

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<p>Step 1 Description</p> <p>This week I did my clinical rotations at Oceans behavioral hospital. While I was there I got to review the nurse note summaries for each day the patients were there. I got to watch med passes with a nurse. I got to interact with the patients and do activities like coloring, treatment team, group therapy, and the game of the day.</p>	<p>Step 4 Analysis</p> <p>I was able to apply what we had learned in class to this clinical situation. Majority of these patients did not have just one diagnosis so it was interesting on how they treat the umbrella effect of all of them. This environment that the staff has created is very therapeutic!</p>
<p>Step 2 Feelings</p> <p>I learned so much from this rotation from the nurses, medical assistants, and the patients. At first I was a little nervous going into this rotation but it ended up being one of my favorite rotations. I was pleasantly surprised by how compassionate the nurses were to the patients even if the patients were acting out.</p>	<p>Step 5 Conclusion</p> <p>I thought this experience was a really positive one. It was interesting to see the PMH of the geriatric population along with the adolescent population and their different diagnoses. From this event I think it would be beneficial to hire a security officer that is stationed at this hospital at all times as a precaution.</p>
<p>Step 3 Evaluation</p> <p>I thought the way the staff interacted with the patients was amazing. The staff was compassionate but also firm in which they set boundaries. There were several scenarios that the staff was successfully able to deescalate a situation just by talking to the patient.</p>	<p>Step 6 Action Plan</p> <p>Overall, this clinical rotation has really opened my eyes and shown me ways that I can better help patients that are experiencing PMH. Also, on how to get these patients the care that they need and not to brush over these important issues.</p>

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