Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: Kallie Ybarra **Date:** 11/15/2023

Patient Allergies: Flagyl, Lyrica, Zantac, Ibuprofen

Primary IV fluid and rate: N/A

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Text

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Atorvarstatin	80mg PO Daily		For lowering lipid levels, treating hyperlipidemia.	1. Stomach bloating may occur, this is due to gas, alleviate this by gently massaging your stomach or apply a warm compress on stomach. 2. ensure this medication is taken at the SAME time everyday to promote efficacy. 3. lack of energy is common at the start of taking this medication, the more you take it, the less tired you'll be.
Aspirin	81 mg PO Daily		Anticoagulant Prevent heart attack or stroke.	1. Daily aspirin use increases the risk of developing a stomach ulcer, or gastrointestinal bleeding. Report any bleeding gums or bloody/tarry stool. 2. take this medication with food to avoid any heart burn 3. do not stop taking this medication abruptly as it may trigger a blood clot.
Clopidrogel	75 mg PO Daily		Anticoagulant Prevent heart attack or stroke.	1. This medication can cause easy bleeding/bruising, it is important to know that this is a factor in being a fall risk even a small fall can cause major hemorrhaging so it is important to ask for help when getting up. 2. report black/tarry stool, this can indicate a GI bleed 3. make sure to take this medication at the same time to ensure efficacy with other anticoagulant medication.
Miralax	17g PRN		Treat acute constipation.	1. take this medication with water, being hydrated will also help promote pooping. 2. it may take up to 2 - 4 days for the medication to promote a bowel movement 3. this medication can cause an upset stomach due to trying to promote peristalsis or the movement of the bowels.
Protonix	40mg PO Daily		Used to prevent or treat GERD or decrease acid reflux which can cause a stomach ulcer.	1. stay hydrated on this mediation to decrease symptom of headaches 2. report nausea and vomiting while taking this medication 3. report any unusual stomach bloating or pain, due to this medication having the potential to cause gas.

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Enoxaparin	40mg/0.4ml injection SUBQ		Prevent Blood Clots (DVT's) Thins the Blood.	1. If you are having surgery inform the physician that you are on this medication. You can bleed out during surgery on this medication because it thins the blood. 2. Irritation or burning can be expected at the site of injection, this is common though. 3. Report any bloody stool, may increase the risk of gastrointestinal bleeding.

Medication reference:

AHFS Patient Medication Information [Internet]. Bethesda (MD): American Society of Health -System Pharmacists, Inc.; c2019. Atorvastatin; [updated 2021 Feb 15; cited 2023 Nov 15]; Available from: https://medlineplus.gov/druginfo/meds/a686022.html