

Covenant School of Nursing Reflective Practice

Name: Malahm Cdoob

Instructional Module: IM6

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<p><b>Step 1 Description</b></p> <p>We went to Oceans this week, the setting was not what I expected. I got to interact with some of the patients &amp; participate in some activities with them. The staff was super friendly, and the patients were very kind &amp; interesting.</p>	<p><b>Step 4 Analysis</b></p> <p>I really enjoyed how I was able to apply the lectures and what we had learned about inpatient treatment to everything that I was seeing/experiencing. It helped me understand the processes/activities/disorders that I was seeing there.</p>
<p><b>Step 2 Feelings</b></p> <p>At first, I was very nervous because I thought it was going to be a lot more intense. Others made me think it was not going to be <del>as</del> <del>and</del> anything like I was thinking it was going to <del>be</del> be, however I was still apprehensive.</p>	<p><b>Step 5 Conclusion</b></p> <p>I don't personally think there is anything that could have gone better/<del>or</del> differently. I learned about the field of psychiatric nursing and applied what I learned in lecture to my experiences this week.</p>
<p><b>Step 3 Evaluation</b></p> <p>The staff, the patients, and the activities were all great. There was a difficult patient, however it was interesting to see how some mental illnesses affect people. I expected it to be more hectic and I would have to be more cautious, but that was not the outcome, which</p>	<p><b>Step 6 Action Plan</b></p> <p>Overall, I thought this experience in this field was very fun &amp; interesting. I will be able to better my skills when treating a patient with a mental disorder. I like the insight I gained on how individualized each treatment plan for mental disorders are.</p>

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I am happy about.

Adopted: August 2016