

12. What types of therapeutic communication can be used by the nurse to promote the physical and emotional well-being of the patient?

Therapeutic Communication	Rationale
<ul style="list-style-type: none"> - Asking open ended questions - Active listening - Do not share personal opinions/feelings that can be negative to the patient 	<ul style="list-style-type: none"> - Develop trusting relationship w/ the patient

13. Which findings are expected if the nursing interventions and therapeutic communication approaches were effective?

Expected Findings
<ul style="list-style-type: none"> - Patient was able to express his concerns knowing that he is not being judged / criticized - Help develop his social skills through the feeling of relief in sharing - Be more motivated & more cooperative

Documentation

Write a concise nurse's note to document what was most important in the medical record at the end of your shift.

<ul style="list-style-type: none"> - Patient is experiencing anxiety & spiritual distress. Psychologist & or chaplain consulted - Group support was encouraged - Patient feels relieved by discussing his concerns & belief to the nurse.
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Nurse Reflection

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
As you worked through this simulation, how did it make you feel?	- I feel like I was able to manage the situation by actively listening to my patient.
What did you already know and do well on this simulation?	- Therapeutic communication
What areas do you need to develop/improve?	- discussing / asking more what the patient is feeling.
What did you learn? How will you apply what was learned to improve patient care?	- Not all medical issues are resolved through medications; sometimes it is by showing compassion & your presence can be enough
Are there systemic or structural issues that impede optimal care that need to be addressed with policies, procedures, or legislation	- None that I know of.