

Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?
 - a. I saw patients with cold symptoms, RSV symptoms, and a fall with back pain.
2. The majority of patients who came into the PED were from which age group? Was this what you expected?
 - a. The majority of the patients I saw were under the age of 24 months. This is what I expected because I believe parents of younger children & infants are more likely to bring their child into the ED when experiencing symptoms or complications.
3. Was your overall experience different than what you expected?
 - a. Yes, it was a different experience than what I expected because I was expecting the emergency department to be busier and filled with more acute or ill patients. I only saw two or three patients during my shift and they were not very sick as you would expect in an emergency room.
 - b. I would have liked to be in a busier environment and be able to see more patients, even if it was at a covenant urgent care site where there are more patients being brought in consistently to be able to see how the nurses interact with the patients according to their developmental stages & what symptoms are occurring.
4. How did growth and development come into play when caring for patients?
 - a. The nurses used distraction and supportive care for an 8 month old baby receiving nasal suction. The baby was easily comforted with oral satisfaction from a bottle, as well as physical touch from his mother after the suctioning.
5. What community mental health trends are being seen in the pediatric population?
 - a. In the pediatric population, some common mental health trends are currently anxiety, behavioral problems, depression, and mostly attention deficit disorders (ADD).