

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI assignments account for 4% of your total grade.
- Progression to the next module requires completion of all assigned work.

Weekly Topics and Required Reading	Required HESI Clinical Skills	Required HESI Case Studies	Questions per Lecture
WEEK 1			
<p>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Ch. 8, Nutrition for Childbearing pgs. 154-170, Chapter 9: Assessing the Fetus pgs. 178-198. Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternal Nursing. Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits and Nutrition, Obtain Laboratory Data, Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Additional Antepartum Tests-Non-stress test, Contraction stress test, Biophysical profile. Antepartum Nursing Care: Psychosocial Responses to Pregnancy, Appendix-Common Laboratory Tests 	<p>Antepartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold's Maneuvers <p>Intrapartum Nursing Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Laboring Patients: Nursing Care • Rho (D) Immune Globulin 		16
<p>Electronic Fetal monitoring / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371 • HESI Comprehensive Review for the NCLEX-RN Examination: Electronic Fetal Monitoring 	<p>Electronic Fetal Monitoring Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Fetal Heart Rate: Interpretation 		7
<p>Intrapartum Nursing / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12-Processes of Birth; Chapter 13-Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Intrapartum 	<p>Intrapartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery 		25

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<p>Postpartum Nursing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Postpartum Nursing Care: Normal Postpartum 	<p>Postpartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care 	<ul style="list-style-type: none"> • Postpartum 	17
EXAM 1 - 65 Questions + Dose Calculation Questions		10/23/23 - 0800-1100	
WEEK 2			
<p>Current Theories & Practice / Maya - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Current Theories Mental Health Collection</p> <ul style="list-style-type: none"> • Elopement 		11
<p>PMH Legal/Ethical Issues / Maya - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Abuse and Neglect Mental Health Collection</p> <p>Abuse & Neglect of Older Adults</p>		3
<p>Therapeutic Communication / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication 	<p>Nurse Patient Relationship Mental Health Collection</p> <ul style="list-style-type: none"> • Therapeutic Communication 		9
<p>Psychopharmacology / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 4 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Psychopharmacology Mental Health Collection</p> <p>Psychiatric Medications; Recognizing Adverse Effects</p>		12
WEEK 3			
<p>Mood Disorders / Maya - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16; Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Mood Disorders Mental Health Collection</p> <ul style="list-style-type: none"> • Bipolar Disorder • Depression • Electroconvulsive Therapy 	<p>Mood Disorders Mental Health Collection</p> <ul style="list-style-type: none"> • Depression 	15

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<p>Substance Use Disorder / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders • HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing 	<p>Substance Use Disorder Mental Health Collection</p> <ul style="list-style-type: none"> • Addiction, Chemical Dependency & Withdrawal 	<p>Substance Use Disorder Mental Health Collection</p> <ul style="list-style-type: none"> • Alcoholism 	<p align="center">15</p>
<p align="center">EXAM 2 - 65 Questions + 5 Dose Calculation Questions</p>		<p align="center">11/06/23 - 0800-1100</p>	
<p align="center">WEEK 4</p>			
<p>Pregnancy at Risk / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: High-Risk Disorders 	<p>Pregnancy at Risk Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia 	<p>Pregnancy at Risk</p> <ul style="list-style-type: none"> • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia 	<p align="center">26</p>
<p align="center">Week 5</p>			
<p>Reproduction, Contraception & Infertility / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 5 Conception, and Fetal Development; Ch. 26 Infertility Ch. 25 Family Planning pp. 693-716 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing The Menstrual Cycle and Contraception Methods, Fertilization and Maternal Physiologic Changes during Pregnancy 			<p align="center">13</p>
<p>Women's Health / Neel - Required Reading:</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774 • HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System & STD's 	<p>Women's Health Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Dilatation & Curettage <p>Emergency Collection</p> <ul style="list-style-type: none"> • Sexual Assault Exam 	<p>Women's Community Health Collection</p> <ul style="list-style-type: none"> • Herpes Simplex • HESI Maternal-Newborn Practice Exam • HESI Maternal Newborn Quiz 	<p align="center">26</p>
<p align="center">EXAM 3 - 65 Questions + 5 Dose Calculation Questions</p>		<p align="center">11/27/23 - 0800-1100</p>	

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WEEK 7			
Psychiatric Emergencies / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> • Agitation & Disturbed Behaviors Prevention 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> • Psychosis 	15
Schizophrenia / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> • Schizophrenia & Psychosis 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> • Schizophrenia 	20
Somatic Symptoms Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 			5
Anxiety & Stress Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Anxiety Mental Health Collection <ul style="list-style-type: none"> • Anxiety 		16
Personality Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 • HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nsg. 	Personality Disorders Mental Health Collection <ul style="list-style-type: none"> • Borderline Personality Disorder 	<ul style="list-style-type: none"> • HESI Mental Health Practice Exam • HESI Mental Health Quiz 	9
EXAM 4 - 65 Questions + 5 Dose Calculation Questions			12/11/23 -1100-1400

Additional Assignments

- **10/22/23 (Beginning of Week 2)** Current theories reflective journal assignment due @ 2359.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on **11/09/23 @ 0700** and **Group 2** on **12/07/23 @ 0700**.
- PMH Patient Teaching Brochure for presentation due @ **0700** on Thursday preceding the presentation date.
- OB Presentation upload to LMS drop box for **Group 1** on **11/06/23 @ 1000** for **Group 2** on **11/30/23 @ 1000**.
- Obstetrics/Maternity Practice Exam and Quiz due on **11/26/23 @ 2359**.
- PMH HESI Practice Exam and Quiz due on **12/10/23 @ 2359**.
- All Clinical paperwork is due on Thursday after the clinical activity @ **1600**.
- All PMH & OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, **11/09/23 and 12/07/23 @ 1600** to be allowed to switch clinical rotations and to progress to IM7.