

IM6 OB Simulation Patient Preparation Worksheet

RECOGNIZE & ANALYZE CLUES

This section is to be completed prior to Sim Day 1:

Student Name: _____

Patient initials: _____ Admit Date: _____

Diagnosis: G P AB L M _____

EDD: ____/____/____ Gest. Age: _____

Blood Type/Rh: _____ Rubella Status: _____ GBS status: _____

Obstetrical reason for admission: _____

Complication with this or previous pregnancies: _____

Chronic health conditions: _____

Allergies: _____

Priority Body System(s) to Assess: _____

Pathophysiology

Interpreting clinical data collected, what is the primary/current medical/obstetrical problem?

State the pathophysiology of this problem in your *own* words.

| Medical/Obstetrical Problem | Pathophysiology of Medical/Obstetrical Problem |
|-----------------------------|--|
| | |
| Fetal/Newborn Implications | Pathophysiology of Fetal/Newborn Implications |
| | |

Problem Recognition

To prevent a complication based on the primary medical problem, answer each question in the table below.

| Question | Most Likely Maternal | Most Likely Fetal | Worst Possible Maternal | Worst Possible Fetal |
|--|----------------------|-------------------|-------------------------|----------------------|
| Identify the most likely and worst possible complications. | | | | |
| What interventions can prevent them from developing? | | | | |
| What clinical data/assessments are needed to identify complications early? | | | | |

| | | | | |
|---|--|--|--|--|
| What nursing interventions will the nurse implement if the anticipated complication develops? | | | | |
|---|--|--|--|--|

Surgery or Invasive Procedures -

Describe the procedure in your own words. *If this applies to your patient. If not, leave blank.*

| Procedure |
|-----------|
| |

Surgery / Procedures Problem Recognition *If this applies to your patient complete. If not, leave blank.*

To prevent a complication based on the procedure, answer each question in the table below.

| Question | Most Likely Maternal | Most Likely Fetal | Worst Possible Maternal | Worst Possible Fetal |
|---|----------------------|-------------------|-------------------------|----------------------|
| Identify the most likely and worst possible complications. | | | | |
| What interventions can prevent them from developing? | | | | |
| What clinical data/assessments are needed to identify complications early? | | | | |
| What nursing interventions will the nurse implement if the anticipated complication develops? | | | | |

Pharmacology

Any new drugs ordered during scenario must be added to the sheet before student leaves the simulation center for the day.

| Medications | Pharm. Class | Mechanism of Action in OWN WORDS | Common Side Effects | Assessments/nursing responsibilities |
|-------------|--------------|----------------------------------|---------------------|--------------------------------------|
| | | | | |
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STARTING POINT & PLAN OF ACTION - Nursing Management of Care

1. After interpreting clinical data collected, identify the nursing priority goal for your shift and three priority interventions specific for your patient. For each intervention write the rationale and expected outcome.

| Nursing Priority | | |
|--------------------------|-----------|------------------|
| Goal/Outcome | | |
| Priority Intervention(s) | Rationale | Expected Outcome |
| 1. | 1. | 1. |
| 2. | 2. | 2. |
| 3. | 3. | 3. |

EDUCATION PRIORITIES/DISCHARGE PLANNING

1. Identify three priority educational topics that should be included in a teaching plan to prevent complications and prepare this patient for discharge.

| Teaching About Illness Care | Rationale | How are you going to teach? |
|-----------------------------|-----------|-----------------------------|
| 1. | 1. | 1. |
| 2. | 2. | 2. |
| 3. | 3. | 3. |

| Abnormal Relevant Lab Test | Current | Clinical Significance |
|--|---------|-----------------------|
| Complete Blood Count (CBC) Labs | | |
| | | |
| | | |
| | | |
| Metabolic Panel Labs | | |
| | | |
| | | |
| Are there any Labs result that are concerning to the Nurse? | | |
| | | |

This Section will be completed at Simulation Lab when you receive your patient's

chart prior to the scenario. Do not complete before your scenario.

| Current Priority Focused Nursing Assessment | | | | | | | |
|---|------|-------|----|----|------|----|-------|
| CV | Resp | Neuro | GI | GU | Skin | VS | Other |
| | | | | | | | |

| Time: | | Focused OB Assessment | | | | | |
|-------|-----------------------|---------------------------------------|--|-------------------|-----------|-----------|-------|
| VS | Contractions | Vaginal exam | Fetal Assessment | Labor Stage/phase | Pain Plan | Emotional | Other |
| | Freq. Dur. Str. | Dil. Eff. Sta. Prest. BOW | FHR Var. Accel. Decel. TX. | | | | |

| Time: | | Focused Postpartum Assessment | | | | | |
|-------|----|-------------------------------|-------|----|---|------|-------|
| VS | CV | Resp | Neuro | GI | GU/Fundal | Skin | Other |
| | | | | | Bladder Fundal loc Tone Lochia | | |

| Time: | | Focused Newborn Assessment | | | | | |
|-------|----|----------------------------|-------|----|----|------|-------|
| VS | CV | Resp | Neuro | GI | GU | Skin | Other |
| | | | | | | | |

EVALUATION of OUTCOMES – to be completed AFTER scenario.

1. Which findings have you collected that are most important and need to be noticed as clinically significant?

| | |
|---|-----------------------|
| Most Important Maternal Assessment Findings | Clinical Significance |
| | |
| Most Important Fetal Assessment Findings | Clinical Significance |
| | |

2. After implementing the plan of care, interpret clinical data at the end of your shift to determine if your patient's condition has improved, has not changed, or has declined.

| Most Important Data | Patient Condition | | |
|---------------------|-------------------|-----------|----------|
| | Improved | No Change | Declined |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

3. Has the patient's *overall* status improved, declined, or remained unchanged during your shift? If the patient has not improved, what other interventions must be considered by the nurse?

| Overall Status | Additional Interventions to Implement | Expected Outcome |
|----------------|---------------------------------------|------------------|
| | | |

End of shift SBAR to oncoming nurse (the observers for your scenario)

| |
|----------------|
| Situation |
| Background |
| Assessment |
| Recommendation |