

Post Clinical Discussion Prompts

Week 5 Clinical Goals: (Medication Administration Observation/Clinical Bingo)

1. Demonstrate effective communication and professionalism while providing patient care.
2. **Med Admin Observation** – Your primary goal this week is to observe medication administration. **You May Not Give Any Medications Yourself.** You may pull meds from the Pyxis under the observation of your nurse. But you may not prepare or administer any medications to patients. Depending on the routine of your unit, you may be asked to do vital signs in the morning. Once all Med Admin is over, you will continue to assist with activities of daily living listed below.
3. **Clinical Bingo Students** – Review Clinical Bingo (Under Clinical Resources) prior to clinical attendance. Your instructor will give you an individual, laminated card to use for the day. As you provide care throughout the day, attempt to mark off as many items as possible. (Please use a dry erase marker on the cards.)
4. Continue to assist with vital signs, both manual BP and using BP machines, on other patients as needed by healthcare team.
5. Answer call lights. Even if you don't know how to help the patient, you can find someone who does.
6. Assist with as many activities of daily living as possible. Activities of daily living include assistance with bathing, showering, brushing teeth, hair care, assisting with meals, ambulation, emptying trash, straightening up rooms, refilling water pictures.
7. Seek out one patient on oxygen therapy. Note the oxygen device in use, flow rate of the oxygen, and any assessment data associated with the use of oxygen (respiratory rate, depth of respirations, oxygen saturation)
8. Observe the diet ordered for one of your patients. The ordered diet is commonly listed on a slip of paper on the patient's meal tray. What percentage of the meal did the patient eat? Did you note any assessment parameters related to diet?
9. Consider community resources your patient may need as they continue in their recovery: (Ex: Financial Assistance with medications or medical bills, housing assistance, language assistance, durable medical equipment (walker, oxygen, bedside commode), physical therapy, occupational therapy, speech therapy, dietary resources, mental health assistance, spiritual assistance)

*Note – do not give food or water to patients until a member of the healthcare team has confirmed the patient is not NPO. Report all vital signs measurements to nurse or CNA for documentation.

Week 5: Post Clinical Discussion

Look at the elements below and think about if you observed an example of one or more during the clinical day.

Pharmacological and Parenteral Therapies

Providing care related to the administration of medications and parenteral therapies.

- Perform calculations needed for medication administration
- Evaluate client response to medication
- Educate client about medications

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- Prepare and administer medications using rights of medication administration
- Review pertinent data prior to medication administration (e.g., contraindications, lab results, allergies, potential interactions)
- Participate in medication reconciliation process
- Titrate dosage of medication based on assessment and ordered parameters
- Dispose of medications safely
- Handle and maintain medication in a safe and controlled environment
- Evaluate appropriateness and accuracy of medication order for client
- Handle and administer high-risk medications safely
- Administer medications for pain management
- Handle and administer controlled substances within regulatory guidelines

Basic Care and Comfort

Providing comfort and assistance in the performance of activities of daily living.

- Assist client to compensate for a physical or sensory impairment (e.g., assistive devices, positioning)
- Assess and manage client with an alteration in bowel and bladder elimination
- Perform irrigations (e.g., of bladder, ear, eye)
- Perform skin assessment and implement measures to maintain skin integrity
- Apply, maintain, or remove orthopedic devices
- Implement measures to promote circulation (e.g., active or passive range of motion, positioning and mobilization)
- Assess client for pain and intervene as appropriate
- Recognize complementary therapies and identify potential benefits and contraindications (e.g., aromatherapy, acupressure, supplements)
- Provide non-pharmacological comfort measures
- Evaluate the client's nutritional status and intervene as needed
- Provide client nutrition through tube feedings
- Evaluate client intake and output and intervene as needed
- Assess client performance of activities of daily living and assist when needed
- Perform post-mortem care
- Assess client sleep/rest pattern and intervene as needed