

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
captopril	25 mg PO TID		Treat pts HTN and Glaucoma	<ol style="list-style-type: none"> 1.Fast heartbeat 2.Lightheaded/dizziness 3.Salty/metallic taste, cough 4.excessive tiredness
Metoprolol	100 mg PO Daily		Treat pts Hypertension	<ol style="list-style-type: none"> 1.SOB/Wheezing 2.Blurred vision, dizziness/fatigue 3.Constipation/gastric pain 4.High/low blood glucose <p>** DO NOT STOP TAKING THIS MEDICATION SUDDENLY AS THIS MAY LEAD TO STROKE OR HEART ATTACK**</p>
furosemide	40 mg PO BID			<ol style="list-style-type: none"> 1.Frequent urination 2.Blurred vision/headache 3.Constipation/diarrhea <p>**Signs of dehydration in the elderly like confusion, extreme thirst, dry mouth, and decreased urination**</p>
Atorvastatin	50 mg PO daily		Treat pts high cholesterol	<ol style="list-style-type: none"> 1. Headache/dizziness 2.Nausea 3.Constipation, Abdominal pain/cramping 4.Hyperglycemia

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Fosamax	10 mg PO daily		Treat of pts osteoporosis	<ol style="list-style-type: none"> 1. Change in taste of food 2. Headache/dizziness 3. Swelling in joints/muscle spasms 4. nausea/ constipation/diarrhea <p>**DO NOT TAKE UNTIL OUT OF BED FOR THE DAY WITH A FULL GLASS OF WATER AND ON AN EMPTY STOMACH**</p>
Celebrex	200 mg PO daily		Treat pts pain associated with osteoarthritis	<ol style="list-style-type: none"> 1. N/D/V, anorexia 2. HTN/ heart failure 3. increased risk of stroke 4. DO NOT TAKE ON AN EMPTY STOMACH
Tramadol	prn		Pain	<ol style="list-style-type: none"> 1. Sleepiness/headache 2. heartburn/indigestion 3. nervousness 4. Severe respiratory depression <p>**DO NOT TAKE MORE THAN PERSCRIBED OR TAKE WITH ALCOHOL AS THIS CAN INCREASE RISK OF LIFE-THREATENING RESPIRATORY DEPRESSION**</p>
ciprofloxacin	250 mg PO every 12 hrs.		Treat pts UTI	<ol style="list-style-type: none"> 1. Nausea 2. Dirrhea/ abdominal pain 3. Dizziness 4. Photosensitivity <p>**IMMEDIATELY REPORT ANY TENDON PAIN. BECAUSE OF AGE, THIS PATIENT IS AT INCREASED RISK OF TENDONITIS AND TENDON RUPTURE**</p>

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acetaminophen	325 mg PO PRN		Pain	1. Severe allergic reaction/ Hives 2. Low blood sugars 3. Liver damage **DO NOT TAKE MORE THAN PRESCRIBED AND AVOID DRINKING ALCOHOL AS THIS CAN INCREASE RISK OF DEVELOPING SEVERE LIVER DAMAGE**
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Allergies: NKDA

Primary IV fluid and rate: D5 ½ NS with 20 mEq of KCl

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Dehydration

Medication reference: Medline plus