

### Sunrise reflection

I am grateful for this clinical experience. We started the day off in report. I was shocked to see that it was only 3 nurses on the unit with the charge nurse being included. I personally felt as though they needed more nurses. Several things happened and were seen today on the inpatient unit. Some of which we have talked about such as therapeutic milieu, legal and ethics, patients rights, orders of protective custody, voluntary admissions.

One thing that was different from like covenant medical centers reports is nurse to nurse. Here at Sunrise it was a group meeting with all staff. Nurses and the mental health specialist. In reported they noted any changes and people that were in the back sections that was going to be admitted to the inpatient unit. One notable difference they had a licensed vocational nurse that was there just giving medications. Since she was not a registered nurse she couldn't do assessments.

My nurse was a registered nurse. She started her day by planning out what needed to be done such as assessments for each patient, which patients she had to do CIWA assessment on and which patients needed their vital signs to be reassessed. She explained to me which patients were there voluntarily, which ones were there on order of protective custody, and which ones had magistrate warrant. We had a patient that was there from jail and had to return once he was released from the hospital. One lady admitted herself because she wanted to get help with stopping her use of substances. Another patient was there on an order of protective custody. They didn't have computers in the rooms so she wrote everything on a paper then added it to the computer later. The dynamic was busy. My nurse would sit down to start one thing to be interrupted to do another thing. The unit staff definitely had team work. I also got to see an admission as well the two nurses tagged teamed a new admission. He

was there because he attempted to shot himself and his wife tackled him. So he had an abrasion. We later found out he didn't point the gun directly at his head because he didn't really want to shot himself.

One patient request his 4 hour letter requesting to leave he was there voluntarily but decided he wanted to leave. The nurse helped him sign the paper. Then after he met with the Doctor and care team about 5 minutes later a group of patients went to the out door area. A staff member ran the nurses station saying that he jumped the fence. The nurse alerted everyone and the LSO and another employee from the other side went to find him down at the lake asking people for cigarettes and a ride. They were able to get him to come back. The doctor said he was still considered voluntary because they had not actually filed the paper work for the order for him to stay. So he lost his outdoor privileges for 3 days. At a later group outing outside, we seen a MHS run outside so of course all the other staff followed. One of the patient picked up a baby bunny and squeezed it until the gut bursted out. Then that ragged almost every patient that was out there to witness. We had a lady crying, another ragged attempting to fight the patient that did it.

The staff stepped in and calmed the patients down. Some required as needed medications to calm them down. Then another fight almost broke out because Another patient was still upset with with the one who harmed the bunny. All the patients felt like the person needed some type of consequence for the action taken outdoors. So, I was able to see a lot that goes on, in the in-patient unit. The staff that work the unit never lost there composure while trying to maintain the calm and keep everyone safe.