

### Pediatric ED Reflection Question's

1.. What types of patient (diagnoses) did you see in the PED?

The type of diagnoses I saw today in the Emergency room was a lot of kids checking in for abdominal pain. Children with fever and a patient that was there for suicidal ideation. There was also a transfer that was an ATV accident who was awaiting to be admitted to the pediatric floor for a kidney laceration. I thought that was interesting.

2.. The majority of the patients who came into the PED were from which age group? Was this what you expected?

Most of the patients that came into the ED were within the school-age group and adolescents. This is what I expected coming to the Emergency department because these kids are active and doing a variety range of activities. The one patient that came for suicidal ideation came by ambulance and was with her dad. And I expected to see some adolescents with depression come in due to our society expectations and norms.

3.. Was your overall experience different than what you expected? Please give examples.

Overall, I thought this was a great experience. I do have to admit this is different in what I expected because I expected for the emergency department to be packed especially on a Tuesday. I figured there would be a lot more people checking their kids in for flu and covid symptoms as they are returning to school.

7. What community mental health trends are being seen in the pediatric population?

I asked one of the nurses in the pediatric ED this question and she said they are seeing a lot of parents check their kids in for depression, anxiety, and suicide. She said it get's worse whenever the kids start going back to school. She said kids at school and social media play a major role in these kids' lives. The stress from their home life can also play a role in how their handling the processes.

9. What is the process for debriefing after a traumatic event?

I asked the same nurse as the question above this question, and she said that after they receive a traumatic event they will gather everyone that is available to do a quick debrief. During this debrief they do a quick rundown on what happened when the patient came in. They talk about everything that went good and what could have been done better. This is to assure everyone that they shared a traumatic event together. For anyone struggling with a traumatic event afterwards there is counseling available.