

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: Xavier Briseno

Date: 9/19/23

Patient Allergies: NKDA

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Atorvastatin (Lipitor)	40mg tab PO Daily		Treatment of hyperlipidemia	<ol style="list-style-type: none"> 1. This medicine can cause liver problems with symptoms of upper stomach pain, loss of appetite, dark urine, clay-colored stools, or jaundice so be sure to notify your nurse if you experience these because your liver is already susceptible to damage. 2. Long term use can cause kidney damage, which may cause increased water retention, so we will need to monitor how well your kidneys work while on the medicine. Creatinine and BUN 3. This medicine may cause muscle weakness in your hips, shoulders, neck, and back; trouble lifting your arms, trouble climbing or standing; so we need to have you on the bed alarm. You are a fall risk and we don't want you to get hurt please don't get up without us.
Doxycycline (Monodox)	100mg tab PO Daily		Antibiotic treatment of left lateral knee wound	<ol style="list-style-type: none"> 1. This medicine may cause itching in your genital area. You have a lot of swelling there already so if you experience this let us know so we can treat this. 2. This medicine may cause diarrhea so please let us know if you need to go. Do not sit in wet linen it will put you at a greater risk of skin breakdown and infection. 3. This medication can cause bleeding in your stool or urine. Some evidence

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				of blood is black colored stools and red tinted urine.
Escitalopram (Lexapro)	5mg tab PO Daily		Anxiety and Depression	<p>1. This medicine may cause blurred vision, tunnel vision, eye pain or swelling, or seeing halos around lights. Be sure to call for someone to assist you if you need to get up.</p> <p>2. If you experience painful urination, it could be a side effect of this medication so it may not be related to the damage you received from your catheter removal.. Be sure to report this if you experience it.</p> <p>3. This medicine may cause hyponatremia so we will monitor for headache, confusion, slurred speech, severe weakness. Vomiting, loss of coordination, or feeling unsteady.</p>
Furosemide (Lasix)	40mg PO Daily		treat fluid retention in congestive heart failure	<p>1. This medicine may cause liver damage so we will monitor your LFTs.</p> <p>2. This medicine may cause an electrolyte imbalance so let us know if you feel thirsty, constipated, weak, cramps, numbness or fluttering in your chest. We will draw labs often to assess your electrolytes.</p> <p>3. This medicine is ototoxic so let us know if you have ringing in your ears or hearing loss so we can stop administering the drug.</p>
Levofloxacin (Levoquin)	750mg tab PO Daily		Antibiotic treatment of infection	<p>1. This medicine may cause you to rupture a tendon so when you are walking let us know immediately if you feel any sudden pain, swelling, bruising, tenderness, stiffness, or a snapping sound in any of your joints.</p> <p>2. We will be assessing your LOC frequently with this medication because it may cause serious mood or behavior changes.</p> <p>3. This medicine may cause nerve pain such as numbness weakness tingling, or burning pain in your extremities. Please let us know if you experience these as we do not want you to fall.</p>

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Medication reference:

The clinical information you need, at your fingertips. Epocrates Web. (n.d.). <https://www.epocrates.com/>