

**Covenant School of Nursing
Instructional Module 1 Learning Guide
Topic: Tissue Integrity**

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Describe pressure ulcer risk assessment (Braden Scale) & prevention interventions.
- Differentiate between pressure ulcer & moisture-associated skin damage.
- Explain ways to prevent pressure ulcers & moisture-associated skin damage.
- Use the Braden Scale on a patient in the clinical setting.
- Review early intervention skin protocols.

Pre-Class Preparation

- Review the literature posted in Lessons
- Potter & Perry Fundamentals of nursing Chapter: Skin Integrity and Wound Care

Watch the following Videos Prior to Class:

The Integumentary System, Part 1:

<https://www.youtube.com/watch?v=Orumw-PyNjw>

The Integumentary System, Part 2:

https://www.youtube.com/watch?v=EN-x-zXXVwQ&list=PL8dPuuaLjXtOAKed_MxxWBNaPno5h3Zs8&t=0s

Immune System, Part 1:

[Immune System, Part 1: Crash Course Anatomy & Physiology #45 - YouTube](#)

Acute Inflammation: The First Line of Defense

[Acute Inflammation: The First Line of Defense. - YouTube](#)

Learning Activities

Classroom Activities:

- Theory with active Q & A
- Braden Scale Practice
- Case Studies
- Discussion
- Collaborative Learning

Laboratory/Clinical Activities:

- Perform a Braden Scale Assessment on a patient in the clinical setting

Out-Of-Class Activities:

- Review the literature posted in Lessons

Computer Assisted Activities:

- NDNQI Pressure Ulcer Training
<https://members.nursingquality.org/NDNQIPressureUlcerTraining>

Evaluation Methods

- Exams

| Texas DECs | QSEN Competencies |
|---|--|
| Knowledge: IA4; IB7a,b,c; IID1a,b,c; IE12;IIC2a Clinical Judgment: IB5a; IB6a; IB8;IID2c; IIF1a; IIF5a; IIIB4; IVE4 | Patient-Centered Care; Teamwork & Collaboration; Evidence-Based Practice; Safety |
| Knowledge: IA4; IB7a,b,c; IID1a,b,c; IE12;IIC2a Clinical Judgment: IB5a; IB6a; IB8;IID2c; IIF1a; IIF5a; IIIB4; IVE4 | Patient-Centered Care; Teamwork & Collaboration; Evidence-Based Practice; Safety |
| Graduate Competencies / Student Learning Outcomes | NCLEX Test Plan |
| 1,2,7 | Safe & Effective Care Environment: Safety & Infection Control; Standard Precautions Physiological Integrity: Reduction of Risk Potential: Potential for complications of treatments/procedures; System specific Assessments |
| Concepts | Faculty |
| Clinical Judgment, Communication, Patient Education, Professionalism, Evidence-Based Practice, Patient-Centered Care, Safety | <i>J. Wolfe, MSN, RN, CNE</i> |
| Date originated: 8/25/15 | Revision Dates: 9/6/2023 |