

Student Name: Shalla S Taylor

Date: 9/5/23

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

- 9/5/2023 0736 hr year old man.
- Admitted for Pancreatitis, Anasarca associated w/ disorder for kidney
- Pt appears his age, dressed appropriately and appears well kept and groomed.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

- Alert and oriented x4. PUPILS 3mm equal, Round PERRL
- HGTW observed and is equal and strong bil
- Movements coordinated and without difficulty.
- Soft spoken, clear speech
- Pain reported a 0 on a 1-10 pain scale.

Comfort level: Pain rates at 0 (0-10 scale) Location: No pain reported

Psychological/Social (affect, interaction with family, friends, staff)

- Calm relaxed/friendly, appropriate with staff and family
- wife present at patients bedside

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

- EENT symmetrical, sclera clear, Pupil white and w/out drainage
- No palpable lymph nodes, EARS w/out drainage. Hears spoken words w/out difficulty,
- Nose w/out drainage, Pt swallowed w/out difficulty, oral mucosa pink, moist, intact.
- Teeth missing (some) noted.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

- Chest symmetrical. trachea midline.
- Respirations 18 even and unlabored. breath sounds clear in all lobes. slightly difficult to hear but present in lower lobes.
- Pt was able to take deep breath w/out coughing
- Regular in pattern and rhythm - RA 94%

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

- S1 and S2 audible w/ regular rate and rhythm and pattern.
- Apical pulse strong 91 bpm. Radial pulse 2+ bil. ^{apical} Apical and radial pulse equal.
- pedal pulse on right foot found w/ doppler it, Left pedal pulse palpated st 1+
- posterior tibial not palpated due to edema.
- Cap. refill 3 seconds. Bp 121/80.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen flat, firm, slightly distended, firm, non-tender.

- Active bowel sounds x4 quadrants.
- states last bm was 9/4/23. Pt stated it was soft and dark brown.

Last BM 9/9/23 & 9/4/23

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Denies pain, odor, discharge, urgency or increased frequency.

- Pt has BRP. voided a total of 920ml since the start of shift (0700-1500)
- urine is clear, yellow and w/out odor.

X 5 **Urine output** (last 24 hrs) 920ml LMP (if applicable) Male

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

- skin color appropriate for race. skin warm to the touch. - ST
- Musculoskeletal alignment symmetrical. upright posture noted when pt was sitting in chair.
- Pt ambulatory as tolerated. Pt able to move all extremities w/out difficulty.
- No deformities noted

Skin (skin color, temp, texture, turgor, integrity)

- skin color appropriate for race. skin warm to the touch.
- BT Rash noted on Bil Lower Extremities, localized, pink in color.
- Braden scale score 22. Generalized Edema noted 3+
- Elastic skin turgor,

Wounds/Dressings

① Peripheral IV, dressing is without redness or swelling, CPT, inserted 9/4/23.

Other

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Diagnostic Worksheet

Shamias Taylor

Mark high / low values with (↑ or ↓)		Covenant Normal Values	9/14 Dates 9/15			
			Admit day	Most Recent	AD	MR
CBC	WBC	3.6-10.8 k/uL	14.75	12.08	↑	↑
	HGB	14-18 g/dL	18.0	16.4	N	N
	HCT	42% - 52%	51.0	44.4	N	N
	RBC	4.7-6.1 m/uL	10.05	5.27	N	N
	PLT	150 - 400 k/uL	205	184	N	N
CMP	Glucose	70-110 mg/dL	—	—	—	—
	Sodium	134 - 145 mmol/L	133	132	↓	↓
	Potassium	3.5 - 5.3 mmol/L	2.9	2.8	↓	↓
	BUN	9-21 mg/dL	40	39.0	↑	↑
	Creatinine	0.8-1.5 mg/dL	1.40	1.10	N	N
	Chloride	98 - 108 mmol/L	91	91	↓	↓
	Calcium	8.4 - 11.0 mg/dL	7.7	7.3	↓	↓
	Mg++	1.6 - 2.3 mg/dL	∅	2.0	∅	↑
	Total Protein	5.5 - 7.8 g/dL	4.8	4.2	↓	↓
	Albumin	3.4 - 5 g/dL	1.2	1.5	↓	↓
	Total Bilirubin	0.1 - 1.3	0.3	0.4	N	N
	AST(SGOT)	5 - 45 u/L	48	25	↑	N
	ALT (SGPT)	7-72 u/L	60	44	N	N
Alk Phos (ALP)	38 - 126 u/L	140	101	↑	N	
Lipid Panel	Cholesterol	200mg/dL				
	TRIG	0-150 mb/dL				
	HDL	>60mg/dL				
	LDL	0-100 mg/dL				
Common	GFR	Refer to lab specific data				
	TSH	0.35 - 5.5 ULU/L				
	Digoxin	0.8 - 2 ng/dL				
	PT	10.0 - 12.9 secs				
	INR	Therapeutic 2 - 3				
	PTT	25.3 - 36.9 secs				
	BNP	5 - 100 pg/dL	6	∅	N	∅
	CKMB	0 - 5 ng/dL				
Troponin	neg = < 0.07 ng/mL	5	∅	N	∅	

Mark high / low values with (↑ or ↓)		Covenant Normal Values	9/14 Dates 9/15																							
			Admit day	Most Recent	A	M																				
UA	Sp Gravity	1.005 - 1.030	∅	1.022		N																				
	Protein	Neg		300		Abnormal 300																				
	Glucose			Neg																						
	Ketone			Neg																						
	Nitrite			Neg																						
	Leukocytes			Neg																						
	Bilirubin			Neg																						
	Blood			1-2		Abnormal - trace																				
pH	5.0 - 7.0		7.0		N																					
Other Labs	Hyaline cast	None		10-10		Abnormal																				
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