

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Student Name:Elizabeth Gausin

Date:09/05/2023

Patient Allergies:Sulfa antibiotic

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): 0.9% NS (isotonic)

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Benzonatate	100 mg tablet po		Cough	<ol style="list-style-type: none">1) Warn pt not to chew or suck on this medication. Teach to take with water and swallow. Chewing and sucking on tablet is related to severe hypersensitivity. Instruct pt to go to the nearest emergency room or call 911 if they start to experience wheezing, coughing, shortness of breath because this can indicate a severe hypersensitivity.2) Educate family member at the bed side that with this medication the pt may experience some confusion and hallucinations. Teach family to talk to pt in a calm manner during these

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				<p>episodes.</p> <p>3) Do proper skin assessments when administering this medication. Also teach pt how to do proper skin assessment. Pt may be at risk for skin rashes while taking this medication. Pt may also experience itching. Instruct pt to call HCP to see about getting topical creams, changing medication or dosage if this incident does occur.</p>
Cefazolin	1 g in 10 ml sterile water	IVP	Blood stream infection	<p>1) Run a liver function test before administering this medication. Teach pt if they experience yellowing of the eyes and skin, abdominal pain or swelling. This could indicate liver disease which can be caused by this medication.</p> <p>2) Teach pt about nutrient rich foods like fruits, vegetables, whole grains</p>

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				<p>and fish. Also instruct pt to get blood work done regularly to make sure pt does not have a nutritional deficient. If pt starts experiencing dizziness, or feeling fatigue often; tell pt to call HCP for possible supplementation to replace any deficient the pt may be experiencing.</p> <p>3) Warn pt this medication may cause anaphylaxis. Teach pt if they start experiencing itchy skin, and shortness of breath to go to the nearest emergency room or call 911. They may be experiencing signs of anaphylaxis or severe hypersensitivity.</p>
Enoxaparin	40 mg/0.4 mL inj		Prevent clotting	<p>1) Black box warning- Before administering this medication assess neurological function and assess pt history. Ask if they have had an epidural or spinal. If so</p>

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				<p>teach pt if they start experiencing any paralysis or loss of balance to stop taking immediately. It can cause neurological damage. Even after administration of medication- do frequent neurological checks to keep an eye on their status.</p> <p>2) report bleeding in gums or abnormal bleeding while taking this medication. Recommend a soft bristle toothbrush and warn pt to use razors or any sharp objects with caution.</p> <p>3) we want to keep an eye on the patient's labs when it comes to platelet count. It needs to be over 100,000. Instruct pt to avoid taking NSAIDs to prevent bleeding complications.</p>
Famotidine			GERD	<p>1) Instruct pt to take a vitamin b12 supplement or teach pt of a high protein diet with prolonged use of this medication. Teach s/s of vitamin B12 deficiency like tingling, weakness or</p>

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				<p>numbness.</p> <p>2) Encourage pt to go and get blood levels checked regularly while taking this medication as well. Pt may experience confusion, delirium, agitation or seizures. These all point to CNS adverse effects and checking blood levels regularly may prevent this from happening if caught in time. If it doesn't prevent the side effects it can show us what is causing them.</p> <p>3) Pt may experience tinnitus taking this medication. We want to teach pt to report if they have been experiencing ringing of the ears accompanied by suicidal thoughts to call HCP immediately.</p>

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Medication reference: (n.d.). MedScape. Retrieved September 5, 2023, from <https://www.medscape.com/>