

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Student Name: MARIA CRUZ

Date: 09/05/23

Patient Allergies: NKDA

Primary IV fluid and rate: N/A

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
ATORVASTATIN	80 MG PO DAILY		<ul style="list-style-type: none"> • Reduces the risk of stroke • High cholesterol treatment • Triglyceride level management 	<ul style="list-style-type: none"> • Muscle pain is reported in calves and thighs, using an ice pack may alleviate symptoms • May cause rhabdomyolysis, watch for calf cramping and maintain hydration • Avoid alcohol consumption to avoid CNS depression
LOPIDOGREL	75MG PO DAILY		<ul style="list-style-type: none"> • Stroke prevention • Helps in the prevention of blood clots acting as a blood thinner • TIA preventative 	<ul style="list-style-type: none"> • Bruising may appear, watch for any pain or tenderness • Monitor for unusual bleeding, practice caution when performing activities • Avoid gaps in therapy in order to maintain adequate level in body

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DOCUSATE SODIUM	100 MG PO DAILY		<ul style="list-style-type: none"> • For constipation (stool softener) • Bring down bilirubin • Helps the muscles in the intestines to better move stool 	<ul style="list-style-type: none"> • N/V can present due to high water intake, use cautiously • Symptoms of appendicitis may arise, note any pain/tenderness in lower right flank • Stomach pain may persist, follow diet and report to HCP if symptoms persist
DULOXETINE	120 MG PO BID		<ul style="list-style-type: none"> • Chronic musculoskeletal pain • Major depressive disorder/ MDD • For help with general anxiety 	<ul style="list-style-type: none"> • Increased risk of suicidal ideation, teach family how to spot S/S • Syncope may occur, remain in safe environment with required personnel • Bleeding risk increases, watch for cuts/abrasion and seek medical attention if bleeding persists
FISH OIL CAPSULE	1,000 MG PO DAILY		<ul style="list-style-type: none"> • Reduces triglyceride levels in blood • Improvement of high cholesterol • Reduces risk of stroke or heart attack 	<ul style="list-style-type: none"> • Diarrhea may occur, monitor for skin breakdown • A fishy aftertaste is common, chewing of gum may help

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				<ul style="list-style-type: none"> Heartburn can develop, be mindful of foods that may increase symptoms
GABAPENTIN	100 MG PO TID		<ul style="list-style-type: none"> Nerve pain management Seizure treatment Peripheral neuropathy in both hands and feet 	<ul style="list-style-type: none"> Dizziness and drowsiness are common, be aware of surroundings More susceptible to pneumonia, Vit C is encouraged May cause suicidal ideation, know s/s of mood changes
LISINOPRIL	10 MG PO DAILY		<ul style="list-style-type: none"> Hypertension management Mi risk reduction Stroke caution 	<ul style="list-style-type: none"> Myalgia may occur, maintain ADL as tolerated Monitor potassium intake because of hyperkalemia risk Be aware of any sudden or abrupt chest pain
METROPOLOL TITRATE	50 MG PO DIALY		<ul style="list-style-type: none"> High blood pressure treatment May lower risk of death after a heart attack Chest pain treatment 	<ul style="list-style-type: none"> Headaches can occur, maintain rest and drink plenty of fluids Can enhance dizziness/weakness, if symptoms occur maintain in a sitting or lying position until symptoms subside

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				<ul style="list-style-type: none">• Avoid alcohol consumption
PANTOPRAZOLE	40 MG PO DAILY (BEFORE BREAKFAST)		<ul style="list-style-type: none">• Treatment of GERD• Acid reflux treatment• Heartburn management	<ul style="list-style-type: none">• Dry mouth can occur, maintain adequate levels of hydration• Take medication before breakfast in order for optimal efficacy• Unexplained weight loss is common, report any weight loss greater than 8lbs in a month

Medication reference: SKYSCAPE