

Student Name: Daisy Armendariz

Date: 8/30/23

IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference):</p> <p>Schizophrenia - severe brain disorder that affects how people perceive & interact with reality, often causing hallucinations, delusions, and social withdrawal.</p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.):</p> <p>Environmental - rehab center</p> <p>↓</p> <p>Hospital setting</p>	<p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</p> <p><u>Psychotic symptoms:</u></p> <ul style="list-style-type: none">- Hallucinations- Delusions- Thought disorder- Movement disorder
<p>4. Medical Diagnoses:</p> <p>Observation Acute Psychosis</p>		<p>7. Current Treatment:</p> <ul style="list-style-type: none">- Phenytoin (Anticonvulsant)- Valproate (Anticonvulsant)- olanzapine (Antipsychotics)
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</p> <ul style="list-style-type: none">- Blood Test- Urine Test- CT scan- Diagnosis Interview with psychiatrist.- Diagnostic Tools<ul style="list-style-type: none">• Psych shift Assessment Btt• Hamilton Anxiety Rating Scale• Mini-Mental Status Examination	<p>6. Lab Values That May Be Affected:</p> <ul style="list-style-type: none">- Ammonia levels	

Student Name: Daisy Armendariz

Date: 8/29/23

<p>8. Focused Nursing Diagnosis: Establish and promote therapeutic communication Impaired verbal communication</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7: 1. Look for themes in what is said. Patients choice</p>	<p>13. Patient Teaching: 1. Teach patient to remove herself briefly when feeling agitated and work on some anxiety exercises.</p>
<p>9. Related to (r/t): Acute psychosis</p>	<p>Evidenced Based Practice: Patients choice of words are symbolic of feelings.</p> <p>2. Keep the environment calm, quiet, and free of stimuli as possible.</p>	<p>2. Teach patient some relief exercises. (Meditations, rhythmic exercise, deep breathing exercise.)</p> <p>3. Take medications at the required times and finish meds!</p>
<p>10. As evidenced by (aeb): Psychological barriers</p>	<p>Evidenced Based Practice: A calm environment helps keep the anxiety from escalating and increasing confusion and hallucinations/delusions.</p> <p>3. Plan short, frequent periods with Patient</p>	<p>14. Discharge Planning/Community Resources: 1. Follow up with doctor appointment</p>
<p>11. Desired patient outcome: The client will maintain interaction while doing an activity (drawing) by 8/29/23 at 1930.</p>	<p>Evidenced Based Practice: Short periods are less stressful, and periodic meetings give patient a chance to develop familiarity and safety.</p>	<p>2. Counseling with therapist, <u>Mental Health Lubbock</u></p> <p>3. Psychotherapy support groups. <u>Mental Health First Aid</u></p>

Student Name: Daisy Armendariz

Unit: South 8

Pt. Initials: E.S.

Date: 08/29/2023

Medication Worksheet – Current Medications & PRN for Last 24 Hours

Allergies: NKDA

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
	Isotonic/ Hypotonic/ Hypertonic			

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List solution to dilute and rate to push. IVPB – List ml/hr and time to give	Adverse Effects	Appropriate Nursing Assessment, Teaching, Intervention (Precautions/Contraindications, Etc.)
Phenytoin (Dilantin)	Anticonvulsant	Help control certain kind of seizures.	100mg PO TID	Y N		Dizzy, Sleepy, HA, Feeling nervous & excitable, Trouble sleeping, upset GI, Constipation, Change in taste.	1. May cause an increase in suicidal thoughts or actions. 2. Report worse signs like depression, feeling nervous, restless, or grouchy. 3. This may cause weak bones. 4. Report any problems of breathing or tight chest.
Valproate (Depacon)	Anticonvulsant	Bipolar disorder onset & generalized seizures	250mg IVPB BID	Y N	IVPB- 52.5ml/hr at 0845	Blurred vision, Headache, Increased appetite, dizzy, Sleepy, Weak, Trouble sleeping, Hair loss, Flu-like symptoms.	1. Avoid driving until you see how this drug affects. 2. You may bleed more easily. Avoid injury. 3. Take with food if upset stomach. 4. Speak with your doctor if seizures are different or worse after starting this drug.
Olanzapine (Zyprexa)	Antipsychotics	Treat schizophrenia	10mg IM Daily	Y N		Dizzy, Sleepy, weariness, Restlessness, HA, Constipation, Dry mouth, weight gain, back pain, joint pain, trouble sleeping.	1. Rise slowly to avoid feeling dizzy or passing out. 2. Call Don't Fall! 3. Avoid drinking w/ Alcohol if taking at home. 4. Report if having trouble controlling body movements, tongue, face, mouth, jaw.