

Student Name: Joel Castillo

Date: 8/30/23

IM6 (Acute Psychiatric) Critical Thinking Worksheet

| | | |
|--|--|---|
| <p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference): Bipolar I Disorder - brain disease characterized by unusual shifts in mood, energy, and activity levels. Caused by brain imbalances of dopamine, norepinephrine, & serotonin</p> | <p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.): methamphetamine abuse tobacco abuse PTSD unemployment injury (1 dog bite)</p> | <p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References) substance abuse being easily irritated or agitated - mania increased sleep - depression increased appetite distractibility</p> |
| <p>4. Medical Diagnoses: extrinsic asthma BP I disorder * intentional disorder suicidal ideation, attempt * AKI meth abuse tobacco abuse</p> | <p>6. Lab Values That May Be Affected: RBC Total HgB Hct glucose albumin</p> | <p>7. Current Treatment: high risk suicide ideation q15min amoxicillin - antibiotic 2x clonazepam - 2x anticonvulsant duloxetine - 1x antidepressant famotidine - 2x ulcer drugs gabapentin - 3x anticonvulsant Norco - 90 - analgesics/narcotic phenegan - antihistamine rabies - 4 series</p> |
| <p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis XR abdomen - no abnormality CT femur thigh left w/o contrast - findings concerning for phlegmon & cellulitis invol, the anterior & lateral left thigh US - extremity nonvascular limited left o heterogeneous soft tissue densities compatible w/ phlegmon</p> | | |

Student Name: _____

Date: _____

8. Focused Nursing Diagnosis:

Risk for injury

9. Related to (r/t):

Increased agitation + lack of control over purposeless, and potentially injurious, movements

10. As evidenced by (aeb):

Weakness in the left lateral thigh

11. Desired patient outcome:

Client will no longer exhibit potentially injurious movements after 24hrs w/ administration of ~~medications~~ medications

12. Nursing Interventions related to the Nursing Diagnosis in #7:

1. remove hazardous obj. + substances from clients environment

Evidenced Based Practice: clients rationality is impaired, he or she ~~may~~ may harm self inadvertently

2. reduce environmental stimuli

Evidenced Based Practice: in hyperactive state, client is extremely distractible and responses to even the smallest stimuli are exaggerated

3. administer medication as ordered by physician

Evidenced Based Practice: antipsychotic drugs are commonly prescribed for rapid relief of agitation + hyperactivity

13. Patient Teaching:

1. Call before fall
- for bathroom, assessments, and any indications of a pt. getting up

2. medication adherence for psychotropic meds can take weeks for therapeutic levels

3. ~~expect~~ teach pt to not take alcohol w/ med ^{for} suppress effects

14. Discharge Planning/Community Resources:

1. Sunrise Canyon Hospital

2. recovery is possible @ 200 uni. are - substance abuse meetings

3. good day psychiatry
4401 6th St St B