

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Endocrine Dysfunction in Children

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Differentiate between disorders caused by pituitary dysfunction (growth hormone deficiency/excess). • Discuss nursing care of the child with precocious puberty. • Explain therapeutic management of an infant with juvenile hypothyroidism. • Discuss the therapeutic management of children with Type 1 Diabetes Mellitus. • Anticipate nursing interventions r/t altered blood glucose levels (hyperglycemia or hypoglycemia). • Create a nursing care plan for a pediatric patient with diabetic ketoacidosis.
Pre-Class Preparation
Required: • Hockenberry, M., Rodgers, C. & Wilson, D. (2022). <i>Wong's essentials of pediatric nursing</i> (11th ed.). St. Louis: Mosby Elsevier. Page 953, Box 28.13 Clinical Manifestations of Type 1 Diabetes Mellitus Page 955 "Monitoring" section Pages 956-957 "Hypoglycemia" section • Page 957, Table 28.4 Comparison of Manifestations of Hypoglycemia and Hyperglycemia Additional Resources: • HESI Clinical Skills: Skills for Nursing Collection: Neonatal Collection, Maternal Newborn Collection, and Pediatrics Collection
Learning Activities
Classroom Activities: • NGN Case Study: Type 1 Diabetes • Practice carbohydrate counting/create a meal plan for a child with Type 1 DM Laboratory/Clinical: • Care for patient in clinical setting Online/Out of Class Activities: • HESI Adaptive Quiz
Evaluation Methods
• Unit Exam • HESI Specialty Exam – Pediatric Nursing

Texas DEC's	QSEN Competencies
Knowledge: IIB1,2,4,7; IIC3; IIE12; IIF2 Clinical Judgment: IIC1,2; IIE1,2b-c, 13; IIG1,3	Patient Centered Care, Evidence Based Practice
IM Student Learning Outcomes	NCLEX Test Plan
1,5,7,8	Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration; Pharmacological & Parenteral Therapies: Adverse Effects/ Contraindication/ Side Effects/Interactions, Dosage Calculations, Medication Administration; Reduction of Risk Potential: Diagnostic Tests, Laboratory Values, Potential for Alterations in Body Systems, System Specific Assessments; Physiological Adaptation: Alterations in Body Systems, Fluid and Electrolyte Imbalances, Illness Management, Pathophysiology
Concepts	Faculty
Metabolism, Clinical Judgment, Patient Centered Care	Cindy Gordey MSN, RN
Date originated: February 2016	Revision Dates: November 2017, February 2019, November 2019, February 2021, April 2021, August 2022, January 2023, August 2023

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