

Clinical Reflection – Weeks 2 & 3

Reflect on your experiences during your **second or third week** of clinicals.

You will choose this week's reflection based on if you were able to perform a physical assessment.

Answer the questions below on the week you performed the physical assessment this week.

- Describe an interaction with a patient while you were conducting a head-to-toe assessment.
- How did you feel?
- How did the patient respond to you?
- Did anything surprise you?
- What do you feel went well?
- What do you feel could have gone better?
- Did you have the opportunity to observe a patient on oxygen therapy this week? If so, what type of device? What was the flow rate?
- Did you observe the diet ordered for your patient? What percentage of their meal did they eat?
- In what way did you contribute to your learning this week?
- What is your overall reaction to this week of clinicals?

Follow the questions/prompts below if you **Did Not perform a physical assessment this week.**

- Think about any patient you had an interaction with this week. Come up with three community resources you think this patient could use in their road to recovery. (There are no wrong answers. Be creative and come up with ideas about your patient's needs.)
 - Community resources include things such as:
 - Financial assistance with medications or medical bills
 - Housing assistance (Did you get the impression your patient had a permanent home?)
 - Language assistance (Did your patient speak a language other than English?)
 - Durable medical equipment (walker, oxygen, bedside commode, etc.)
 - Physical Therapy
 - Occupational Therapy
 - Speech Therapy
 - Dietary resources
 - Mental health assistance
 - Spiritual assistance
- Explain why you think your patient could use these resources.

- Did you have to opportunity to observe a patient on oxygen therapy this week? If so, what type of device? What was the flow rate?
- Did you observe the diet ordered for your patient? What percentage of their meal did they eat?
- In what way did you contribute to your learning this week?
- What is your overall reaction to this week of clinical?

Reflections should be a minimum of 250 words and address each bulletin point in the rubric. Feel free to add anything else that you want to share.

Email your clinical reflection to your advisor **no later than 2359 on Monday of your second and third weeks of clinical at Covenant Medical Center.** Late submissions will count as an absence.

(If you are having any difficulties submitting this assignment, you must contact your instructor prior to 9:00 pm on the due date)