

## Instructional Module 6: Antepartum Clinical

Patient Data:

Last two digits of Patient's room number: 16 Age: 30 Diagnosis: symptoms of preeclampsia

Gestational Age: 32 -1

Collect the following information by chart review, patient and nurse interview:

- What factors placed her pregnancy in the high-risk category?

Elevated 24 urine test (410)  
Headache with visual field disturbances  
Hx of preeclampsia during 2 previous pregnancies

- What are the physical and psychosocial stressors the patient has identified as a result of her high-risk situation and what are the impacts to her and her family?

Patient seems very well adjusted and comfortable with current diagnosis. This is probably due to her history of two pregnancies with preeclampsia. She has a very good support system in place with her husband and parents doing everything they can to reduce the stress of this pregnancy.

- What type of antepartal testing has she experienced and how do she and her family feel about the tests?

Antepartum tests that she has completed so far include: 24 urine test, BID non-stress tests, and VS q4 to monitor blood pressure changes.

She is comfortable with all of the tests because all of the antepartum team has done an excellent job of educating her during her stay.

- What supportive measures have helped the patient and her family cope with the situation?

The patient's family (husband and her parents) has done an excellent job of reducing the stress of the hospital stay by visiting regularly so she can spend time with her two children. This has helped alleviate the stresses of being away from her family.

- Are there any additional measures that she and her family feel would help make her experience better?

The patient answered that she is very happy with the care and education she has received during her stay. She said that there was not one thing that the hospital could do better at this time.

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- What impact does her high-risk status have on her fetus?

Other than an unplanned hospital stay, her high risk pregnancy status has not really affected her fetus. Her BP has remained in the normal category throughout her stay and her headache symptoms seems to be dissipating. She did receive two injections of celestone to help accelerate the fetus' lung maturity.

- Has she and her family toured the NICU? How does she feel about the possibility of her infant being admitted to the NICU?

She has delivered two babies at Covenant Women's and Children so she is familiar with the facilities. She is a little worried about a possibly NICU stay, but she is hopeful that it will not be necessary and also very confident that the NICU staff would take great care of her little girl if it became necessary.

- What is the plan of care for the patient and her infant?

The current plan of care includes monitoring mom for signs and symptoms of preeclampsia, poor NST's, and uncontrolled headaches or visual disturbances. An additional goal is to keep her free from any hospital acquired illness or injuries. Her doctors will reevaluate her in a few days to see if it will be safe to allow her to return home.