day 1&2

Student Name: Haven Wisdom Date: Aug 22, 2023

IM6 (Acute Psychiatric) Critical Thinking Worksheet

1. DSM-5 Diagnosis and Brief Pathophysiology (include reference):	2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.);	3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)
suicidal behavior secondary to depression depression patho: a depletion of neurotransmitters serotonin, norepinephrine or dopamine in CNS (National Inst of Health)	-unemployment -"altercation with another man about money"	Must experience 5 or more during two week period: - depressed most of day, nearly everyday - Diminished interest in activities during most of the day - weight loss without dieting - slowing down of thought and reduction of movement - Fatigue/loss of energy nearly every day - worthless feeling - ↓ ability to think or concentrate - re-current thoughts of death (psycom.net)
4. Medical Diagnoses: Acute kidney injury → antifreeze ingestion		
5. Diagnostic Tests Pertinent or Confirming of Diagnosis	**6. Lab Values That May Be Affected:**	**7. Current Treatment:**
UA - kidney injury (↑WBC, ↑RBC, ↑albumin) ↑ BUN ↑ creatinine CT Head - rule out seizures Colombia suicide severity scale - moderate	↑ BUN 54 ↑ creatinine 7.8 ↑ ALT 80 ↑ Mag 2.0 ↑ Phosphorus 6.8 ↓ H&H	Hemodialysis 3x / week suicide precautions Start Wellbutrin 100 mg PO (8/22)

Adopted: August 2016, revised October 2018

Student Name: _____ Date: _____

8. Focused Nursing Diagnosis: (psyche based)

Risk for self harm

9. Related to (r/t):

related to depression

10. As evidenced by (aeb):

as evidenced by suicide attempt and statement "I feel like I'm a failure in life"

11. Desired patient outcome:

patient will remain free from self harm during hospital stay and proceed with appropriate psychiatric placement to keep patient safe in future

12. Nursing Interventions related to the Nursing Diagnosis in #7:

1. One-on-one monitoring (sitter @ bedside)

Evidenced Based Practice:

ensure safe environment for patient

2. Suicide risk screening
→ patient scored moderate on columbia suicide screening tool

Evidenced Based Practice:

Therapeutic communication allows patient to feel comfortable with responses

3. Medication teaching

Evidenced Based Practice:

Medication therapy to manage s/s of depression (wellbutrin)

13. Patient Teaching:

1. New medication (wellbutrin) teaching and side effects

2. Outpatient dialysis teaching and care for hemodialysis catheter

3. Warning s/s of depression and when to seek help

14. Discharge Planning/Community Resources:

1. Resource - Suicide Hotline (988)

Resource -
2. NAMI Lubbock community support group

(806) 783-9268
(National Alliance on Mental Illness)

3. Do not stop taking new medication abruptly - contact HCP if abnormal reactions occur

Adopted: August 2016, revised October 2018

Student Name: Haven Wisdom Day 1 & 2 Unit: S8 Pt. Initials: MM Date: 8/22/23

Allergies: S8 66

Medication Worksheet – Current Medications & PRN for Last 24 Hours

Psych meds only

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
n/a	Isotonic/ Hypotonic/ Hypertonic	n/a	n/a	n/a

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List solution to dilute and rate to push. IVPB – List mL/hr and time to give	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Bupropion (Wellbutrin)	NDRI non-epinephrine Dopamine re-uptake	Depression	100mg PO Q every morning	Y N	n/a	weight loss seizures constipation nausea	1. Do not take with alcohol 2. Do not stop abruptly 3. Do not drive or operate machinery until you know effects 4. Suicide risk - monitor pt behavior
				Y N			1. 2. 3. 4.
				Y N			1. 2. 3. 4.
				Y N			1. 2. 3. 4.
				Y N			1. 2. 3. 4.