

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Neonatal & Pediatric Pain

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Apply the three common categories of temperament to pain assessment of the neonate, infant, and child. • Compare myths with facts about pain in neonates, infants & children. • Distinguish between addiction, drug tolerance, and physical dependence. • Organize pain assessment of infants and children utilizing QUESTT. • Implement non-pharmacologic interventions used to eliminate or minimize pain. • Perform the 6 rights of pharmacologic interventions used in infants and children.
Pre-Class Preparation
Required: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). <i>Wong's essentials of pediatric nursing</i> (11th ed.). St. Louis, MO: Mosby/Elsevier. • Box 5.1 Children's Responses to Pain at Various Ages, pgs. 115-116. • Box 5.2 Manifestations of Acute Pain in the Neonate, pg. 119. • Table 5.3 Summary of Pain Assessment for Infants, pg.120. • Nursing Care Guidelines: Nonpharmacologic Strategies for Pain Management, pg. 121-122. • Table 5.7 Management of Opioid Side Effects, pgs. 127-128. • Table 5.10 Needlestick Pain Prevention Products, pg. 131. • Nursing Care Guidelines: Managing Opioid-Induced Respiratory Depression, pg. 132. • Box 5.5 Consequences of Untreated Pain in Infants, pg. 135. Recommended: • Temperament, pgs. 43, 299. • Pain Assessment and Management in Children, pgs. 114-144. Additional Resources: • HESI Clinical Skills: Skills for Nursing Collection: Neonatal Collection, Maternal Newborn Collection, and Pediatrics Collection
Learning Activities
: Classroom Activities: • Discussion: How does temperament affect the pediatric nurse's approach to nursing interventions including pain assessment and intervention? • Apply various types of non-pharmacologic interventions and pharmacologic pain interventions seen in brief videos to the pediatric patient. Laboratory/Clinical Activities: • Demonstration of neonatal and pediatric pain assessment and intervention. Out of Class Activities: Recommended. • HESI Pediatrics Collection: Pain Assessment: Scales and Management • HESI Pediatrics Collection: Comfort Promotion: Guided Imagery • HESI Pediatrics Collection: Comfort Promotion: Distraction
Evaluation Methods
• Unit Exam • HESI Specialty Exam: Pediatric Nursing

Texas DEC's	QSEN Competencies
Knowledge: II A 2c; IIB1-3, 5, 7, 11; IIC4a, b, 8. II D 1a; II E 6a,b; II E 11b; II F 2; IV B 4; IV C 3 Clinical Judgment: I B 3a; I B 6b; II A 1; II A 2b,c; II A 4; IIB1-3a,b, 5, 7, 9a,b; IIC1, 3a, 5 II D 1; II F 1a,b,c; II G 1; IV B 1a, 2, 3c,	Patient Centered Care
IM Student Learning Outcomes	NCLEX Test Plan
1, 3, 4, 6, 8	Safe and Effective Care: Management of Care: Ethical Practice. Health Promotion and Maintenance: Health Promotion/Disease Prevention, Lifestyle Choices. Physiological Integrity: Basic Care and Comfort: Non-Pharmacological Comfort Interventions. Physiological Integrity: Pharmacological and Parental Therapies: Adverse Effects/Contraindications/Side Effects/Interactions, Medication Administration, Pharmacological Pain Management.
Concepts	Faculty
Moods and Affect, Pain, Safety	D'Anne White MSN, RN
Date originated: May, 2016	Revision Dates: November, 2016 July, 2016 November, 2017 July, 2018 November, 2019 July, 2020 December, 2020 April, 2021 July, 2021 November, 2021 December, 2022 July, 2023