

Patient Preparation Worksheet

This section (PART 1) is to be completed prior to Sim Day 1:

Student Name: _____

Initials _____ Admit Date: _____ Post op Date: _____

Diagnosis: _____

Current problem: _____

Patient Story: _____

Allergies: _____

Priority Body System to Assess: _____

Pathophysiology

Interpreting clinical data collected, what is the primary/current medical problem? State the pathophysiology of this problem in your *own* words.

Medical Problem	Pathophysiology of Medical Problem

Problem Recognition

To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely	Worst Possible
Identify the most likely and worst possible complications.		
What interventions can prevent them from developing?		
What clinical data/assessments are needed to identify them early?		
What nursing interventions will the nurse implement if the anticipated complication develops?		

Pharmacology

List each medication you will administer this shift and the PRNs in the last 24 hours.

Medications	Pharm. Class	Mechanism of Action In OWN WORDS	Common Side Effects	Assessments/nursing responsibilities

Nursing Management of Care

1. After interpreting clinical data collected, identify the nursing priority goal for your shift and three priority interventions specific for your patient. For each intervention write the rationale and expected outcome.

Nursing Priority		
Goal/Outcome		
Priority Intervention(s)	Rationale	Expected Outcome
1.	1.	1.
2.	2.	2.
3.	3.	3.

EDUCATION PRIORITIES/DISCHARGE PLANNING

1. Identify three priority educational topics that need to be included in a teaching plan to prevent complications and prepare this patient for discharge.

Teaching About Illness Care	Rationale	How are you going to teach?
1.	1.	1.
2.	2.	2.
3.	3.	3.

This Section (Part 2) will be completed at Simulation. Do not complete before.

Abnormal Relevant Lab Tests	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
Metabolic Panel Labs		
Misc. Labs		
Lab TRENDS Concerning to Nurse?		

	CV	Resp	Neuro	GI	GU	Skin	VS/Pain	Other
Current Nursing Assessment								

EVALUATION

- Which findings have you collected that are most important and need to be noticed as clinically significant?

Most Important Assessment Findings	Clinical Significance

2. After implementing the plan of care, interpret clinical data at the end of your shift to determine if your patient's condition has improved, has not changed, or has declined.
 (NCSBN: Step 6 Evaluate outcomes)

Most Important Data	Improved	No Change	Declined

3. Has the patient's *overall* status improved, declined, or remained unchanged during your shift? If the patient has not improved, what other interventions must be considered by the nurse?
 (NCSBN: Step 6 Evaluate outcomes)

Overall Status	Additional Interventions to Implement	Expected Outcome