

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 1159 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI assignments account for 4% of your total grade.
- Progression to the next module requires completion of all assigned work.

Weekly Topics and Required Reading	Required HESI Clinical Skills	Required HESI Case Studies	Questions per Lecture
WEEK 1			
Antepartum Nursing and Antepartum Testing / Soliz - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Ch. 8, Nutrition for Childbearing pgs. 154-170, Chapter 9: Assessing the Fetus pgs. 178-198. Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternal Nursing. Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits and Nutrition, Obtain Laboratory Data, Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Additional Antepartum Tests-Non-stress test, Contraction stress test, Biophysical profile. Antepartum Nursing Care: Psychosocial Responses to Pregnancy, Appendix-Common Laboratory Tests	Antepartum Maternal Newborn Collection • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold's Maneuvers Intrapartum Nursing Maternal Newborn Collection • Laboring Patients: Nursing Care • Rho (D) Immune Globulin		16
Electronic Fetal monitoring / Neel - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371 • HESI Comprehensive Review for the NCLEX-RN Examination: Electronic Fetal Monitoring	Electronic Fetal Monitoring Maternal Newborn Collection • Fetal Heart Rate: Interpretation		7
Intrapartum Nursing / Neel - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12-Processes of Birth; Chapter 13-Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Intrapartum	Intrapartum Maternal Newborn Collection • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery		25

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 1159 Sunday the following week of lecture topics.

Postpartum Nursing / Soliz - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Postpartum Nursing Care: Normal Postpartum	Postpartum Maternal Newborn Collection • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care	• Postpartum	17
EXAM 1 – 65 Questions + Dose Calculation Questions		8/21/23 - 0800-1100	
WEEK 2			
Current Theories & Practice / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Current Theories Mental Health Collection • Elopement		11
PMH Legal/Ethical Issues / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Abuse and Neglect Mental Health Collection Abuse & Neglect of Older Adults		3
Therapeutic Communication / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication	Nurse Patient Relationship Mental Health Collection • Therapeutic Communication		9
Psychopharmacology / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 4 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Psychopharmacology Mental Health Collection Psychiatric Medications; Recognizing Adverse Effects		12
WEEK 3			
Mood Disorders / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Mood Disorders Mental Health Collection • Bipolar Disorder • Depression • Electroconvulsive Therapy	Mood Disorders Mental Health Collection • Depression	15

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 1159 Sunday the following week of lecture topics.

Substance Use Disorder / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders • HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing	Substance Use Disorder Mental Health Collection • Addiction, Chemical Dependency & Withdrawal	Substance Use Disorder Mental Health Collection • Alcoholism	15
EXAM 2 – 65 Questions + 5 Dose Calculation Questions			09/5/23 - 0800-1100
WEEK 4			
Pregnancy at Risk / Neel - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: High-Risk Disorders	Pregnancy at Risk Maternal Newborn Collection • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia	Pregnancy at Risk • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia	26
Week 5			
Reproduction, Contraception & Infertility / Soliz - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 5 Conception, and Fetal Development; Ch. 26 Infertility Ch. 25 Family Planning pp. 693-716 • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing The Menstrual Cycle and Contraception Methods, Fertilization and Maternal Physiologic Changes during Pregnancy			13
Women's Health / Neel - Required Reading: • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774 • HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System & STD's	Women's Health Maternal Newborn Collection • Dilatation & Curettage Emergency Collection • Sexual Assault Exam	Women's Community Health Collection • Herpes Simplex HESI Maternal-Newborn Practice Exam • HESI Maternal Newborn Quiz	26
EXAM 3 – 65 Questions + 5 Dose Calculation Questions			9/18/23 - 0800-1100

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 1159 Sunday the following week of lecture topics.

WEEK 7			
Psychiatric Emergencies / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Psychiatric Emergencies Mental Health Collection • Agitation & Disturbed Behaviors Prevention	Psychiatric Emergencies Mental Health Collection • Psychosis	15
Schizophrenia / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Schizophrenia Mental Health Collection • Schizophrenia & Psychosis	Schizophrenia Mental Health Collection • Schizophrenia	20
Somatic Symptoms Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing			5
Anxiety & Stress Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Anxiety Mental Health Collection • Anxiety		16
Personality Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 • HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nsg.	Personality Disorders Mental Health Collection • Borderline Personality Disorder	• HESI Mental Health Practice Exam • HESI Mental Health Quiz	9
EXAM 4 - 65 Questions + 5 Dose Calculation Questions			10/2/23 -1100-1400
Additional Assignments • 08/20/23 (Beginning of Week 2) Current theories reflective journal assignment due @ 2359. • AA Meeting Reflective Journal submitted to Dropbox due for Group 1 on 08/31/23 @ 0700 and Group 2 on 09/28/23 @ 0700. • PMH Patient Teaching Brochure for presentation due @ 0700 on Thursday preceding the presentation date. • OB Presentation upload to LMS drop box for Group 1 on 09/5/23 @ 1000 for Group 2 on 09/21/23 @ 1000. • Obstetrics/Maternity Practice Exam and Quiz due on 09/17/23 @ 2359. • PMH HESI Practice Exam and Quiz due on 10/01/23 @ 2359. • All Clinical paperwork is due on Thursday after the clinical activity @ 1600. • All PMH & OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, 09/07/23 and 09/28/23 @ 1600 to be allowed to switch clinical rotations and to progress to IM7.			