

**Covenant School of Nursing**  
**Instructional Module 5 Learning Guide**  
**Topic: The Art of Pediatric Nursing**

| <b>Learning Goals/Outcomes</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| Upon completion of this lesson, you will be able to: <ul style="list-style-type: none"><li>• Apply elements of family-centered care in the practice setting.</li><li>• Differentiate between Family Systems Theory and Family Stress Theory.</li><li>• Differentiate between various types of families and parenting styles.</li><li>• Identify child and family stressors.</li><li>• Apply principles of Atraumatic Care to child and family stressors.</li><li>• Apply guidelines of communicating with children to the pediatric clinical setting.</li></ul>                                                                                          |
| <b>Pre-Class Preparation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Recommended: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). <i>Wong's essentials of pediatric nursing</i> (11th ed.). St. Louis, MO: Mosby/Elsevier. <ul style="list-style-type: none"><li>• Family-Centered Care, pgs. 7-8.</li><li>• Atraumatic Care, pg. 8.</li><li>• Definition of Family, pg. 15.</li><li>• Family Theories, pg. 15-17.</li><li>• Family Structure, pgs. 18-19.</li><li>• Parenting Styles, pg. 20-21.</li><li>• Providing Anticipatory Guidance, pg. 59.</li><li>• Communicating with Children, pgs. 60-62.</li></ul>                                                                                                       |
| <b>Learning Activities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Classroom Activities: <ul style="list-style-type: none"><li>• Discussion: How do you apply family-centered care and atraumatic care in the pediatric clinical setting?</li><li>• Watching several brief video clips on family-centered care, parenting styles, and pediatric communication.</li></ul> Laboratory/Clinical Activities: <ul style="list-style-type: none"><li>• Application of the principles of Family-Centered Care and Atraumatic Care to the pediatric patient.</li><li>• Demonstration of developmentally appropriate communication.</li></ul> Online/Out of Class Activities: <ul style="list-style-type: none"><li>• None</li></ul> |
| <b>Evaluation Methods</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <ul style="list-style-type: none"><li>• Unit Exam</li><li>• HESI Specialty Exam: Pediatric Nursing</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

| <b><i>Texas DEC's</i></b>                                                                                                                     | <b><i>QSEN Competencies</i></b>                                                                                                                                                                                                                                                                                                                                                                              |
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| Knowledge: IIA1a-1b, 3; IIB3, 5; IIC1a, 2a, 8; IVA2; IVC1, 3; IVD1.<br>Clinical Judgment: IIB1; IIC1; IID1; IIE9; IVA1; IVC1a-c; IVD2; IVD6a. | Patient-Centered Care, Teamwork & Collaboration                                                                                                                                                                                                                                                                                                                                                              |
| <b><i>IM Student Learning Outcomes</i></b>                                                                                                    | <b><i>NCLEX Test Plan</i></b>                                                                                                                                                                                                                                                                                                                                                                                |
| 2, 3, 5, 8                                                                                                                                    | Safe and Effective Care: Management of Care: Advocacy, Collaboration with Interdisciplinary Team, Concepts of Management, Referrals. Health Promotion and Maintenance: Developmental Stages and Transition, Health Promotion/Disease Prevention. Psychosocial Integrity: Coping Mechanisms, Cultural Awareness/Cultural Influences on Health, Family Dynamics, Stress Management, Therapeutic Communication. |
| <b><i>Concepts</i></b>                                                                                                                        | <b><i>Faculty</i></b>                                                                                                                                                                                                                                                                                                                                                                                        |
| Care Coordination, Collaboration, Communication                                                                                               | D'Anne White MSN, RN                                                                                                                                                                                                                                                                                                                                                                                         |
| <b><i>Date originated:</i></b><br>May, 2016                                                                                                   | <b><i>Revision Dates:</i></b><br>November, 2016<br>July, 2016<br>November, 2017<br>May, 2018<br>November, 2019<br>July, 2020<br>December, 2020<br>April, 2021<br>July, 2021<br>November, 2021<br>December, 2022<br>July, 2022                                                                                                                                                                                |