

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Psychiatric Emergencies

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Identify types of losses people may experience.
- Describe the five dimensions of grieving: cognitive, emotional, spiritual, behavioral and physiological.
- Compare/contrast how disenfranchised grieving and complicated grieving differ from the expected stages of grieving.
- Identify the role of culture in grieving.
- Apply the nursing process to persons experiencing grief.
- Describe the three phases of aggression/violence and the behaviors displayed with each phase.
- Discuss appropriate nursing interventions for the patient during each of the three phases of aggression/violence.
- Discuss the characteristics, risk factors, and family dynamics of abusive and violent behavior.
- Identify three principles of crisis intervention.
- Apply the nursing process to persons experiencing a crisis, abuse and/or violence.

Pre-Class Preparation

Required:

- Varcarolis, 5th ed. Essentials of Psychiatric Mental Health Nursing; Ch20, Ch. 21, Ch. 24, Ch. 25

Additional Resources:

- HESI Clinical Skills – Psychiatric Emergencies Mental Health Collection. (Agitation & Disturbed Behaviors Prevention)
- HESI Case Studies – Psychiatric Emergencies Mental Health Collection. (Psychosis, Obsessive-Compulsive Disorder)
- Read *HESI: Comprehensive Review for the NCLEX-RN examination: Psychiatric Nursing*

Learning Activities

Classroom Activities:

- Lecture & PowerPoint Presentation
- Discussion

Laboratory/Clinical:

- Care of the patient who is experiencing a psychiatric emergency in the clinical setting

Online: NA

Evaluation Methods

- Exam and Clinical Performance
- HESI Mental Health Nursing Proctored Assessment
- Clinical Performance/Evaluation

Texas DECs	QSEN Competencies
Knowledge: II.B.1, 5 & 9; II. E.4a & 6a & b; II. E. 7 & 12; II.F.2 Clinical Judgments & Behaviors: II.E.1; II. E. 2.a,b & c; II.E.3b; II.E.5a	Safety
IM Student Learning Outcomes	NCLEX Test Plan
1 & 4	Psychosocial Integrity: Abuse/Neglect, Crisis Intervention, Coping Mechanisms
Concepts	Faculty
Grief, Coping, Interpersonal Relationships	Jaynie Maya, MSN, RN-BC
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