

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Schizophrenia**

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Integrate evidence based data in making clinical decisions for patients with schizophrenia • Implement plans of care for health issues for patients with schizophrenia • Integrate knowledge of medications used to treat persons with schizophrenia, including the medication's actions, side effects, adverse effects, and nursing implications for patient monitoring and education • Implement teaching plans for patients, families, and caregivers about schizophrenia and treatments • Promote use of resources to optimize health in persons with schizophrenia • Communicate effectively with persons with schizophrenia • Collaborate with health care team to promote optimal health levels for patients with schizophrenia • Evaluate your feelings and attitudes regarding persons with schizophrenia 	
Pre-Class Preparation	
<p>Required:</p> <ul style="list-style-type: none"> • Read Varcarolis, E. M. (2023). <i>Essentials of psychiatric mental health nursing</i> (5th ed.): Ch. 17, Schizophrenia Spectrum Disorders, and other Psychotic Disorders. <p>Additional Resources:</p> <ul style="list-style-type: none"> • Nathaniel Ayers interview on <i>60 Minutes</i> (12:42 min) https://search.yahoo.com/yhs/search?p=you+tube+60+minutes+nathaniel+ayers&ei=UTF-8&hspart=mozilla&hsimp=yhs-001 • Read <i>HESI: Comprehensive Review for the NCLEX-RN examination</i>. 	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture & Discussion • Case Studies • <i>TED Talk with Elyn Saks</i> http://www.ted.com/talks/elyn_saks_seeing_mental_illness • Simulate <i>Patient Teach Back</i> on medications associated with schizophrenia <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Care of patient with schizophrenia in the clinical setting <p>Out of Class Activities:</p> <ul style="list-style-type: none"> • Complete <i>HESI clinical skills</i> – Schizophrenia Mental Health Collection (Schizophrenia & Psychosis) • Complete HESI case study – Schizophrenia Mental Health Collection (Schizophrenia) • Using informatics, search for available resources you could provide for persons coping with schizophrenia 	
Evaluation Methods	
<ul style="list-style-type: none"> • Unit 1 Exam • HESI Mental Health Proctored Assessment • Clinical Performance/Evaluation 	
Texas DECs	QSEN Competencies
Knowledge: II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 4a, II. E 6, III. A 5	Patient Centered Care; Teamwork & Collaboration; EBP; Safety, Informatics

Clinical Judgment: II. A 2, II. C 7, II. E 9, II. E 11, IV. B 3a	
IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 3, 4, 5, 6, 7, 8	<p>Safe and Effective Care Environment</p> <ul style="list-style-type: none"> • Management of Care (Advocacy, Client rights, Collaboration with interdisciplinary team, Confidentiality, Establishing priorities, Informed consent, Referrals) • Safety and Infections Control (Use of restraints/safety devices) <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors, Self-care)</p> <p>Psychosocial Integrity (Behavioral interventions, Coping mechanisms, Crisis intervention, Mental health concepts, Sensory/perceptual alterations, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculation, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) • Physiological Adaptation (Illness management, Unexpected response to therapies)
Concepts	Faculty
Cognition: Schizophrenia	Jaynie Maya, MSN, RN-BC
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