

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Current Theories and Practice**

Learning Goals/Outcomes
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Compare and contrast inpatient versus outpatient treatment environments. • Summarize factors that can affect the mental health of an individual. • Communicate effectively with persons with mental health disorders. • Discuss the contribution of theories and therapies in the treatment of psychiatric illness. • Collaborate with the health care team to promote optimal health levels for patients with mental health disorders. • Promote use of resources to optimize health in persons with mental health disorders. • Evaluate your feelings and attitudes regarding persons with mental health disorders.
Pre-Class Preparation
<p>Required:</p> <ul style="list-style-type: none"> • Read Varcarolis, E. M. (2021). <i>Essentials of psychiatric mental health nursing</i> (5th ed.): Ch. 2, Mental Health and Mental Illness, Ch. 3, Theories and Therapies, Ch. 5, Settings for Psychiatric Care. <p>Additional Resources:</p> <ul style="list-style-type: none"> • Read <i>HESI: Comprehensive Review for the NCLEX-RN examination: Psychiatric Nursing</i>
Learning Activities
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture • Discussion • Legal/ethical case studies • Using informatics, search for available resources you could provide for persons coping with mental health disorders. <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Care of patient with mental health disorders in the clinical setting <p>Out of Class Activities:</p> <ul style="list-style-type: none"> • Go to http://dshs.texas.gov/mhsa-rights/?terms=patient%20rights and review the State of Texas Mental Health <i>Patient's Bill of Rights</i> (12/20/2011) • Journal Assignment • HESI Clinical Skills – Current Theory Mental Health Collection (Elopement).
Evaluation Methods
<ul style="list-style-type: none"> • Unit Exam • HESI Mental Health Proctored Assessment • Clinical performance/evaluation

Texas DECs	QSEN Competencies
<p>Knowledge: I. A 1, 2, 3, 4, I. B 1, 2, 3, 5, 7, 8, I. C 1, 2, II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 2, 3, 4a, 7, 8, 9, 11, III. A 1, 2, 3, 4, 5, 6, III. B 1, 2, 3, IV. B 1, IV. C 5, 6, 7</p> <p>Clinical Judgment: I. A 1, 2, 3, I. B 1, 2, 3, 4, 5, 6, 7, 8, 9, I. C 1, 6, II. A 2, II. C 7, II. E 9, 10, III. A 5a, IV. B 3a, IV. E 1a, b</p>	<p>Patient Centered Care; Teamwork & Collaboration; EBP; Quality Improvement; Safety; Informatics.</p>
IM Student Learning Outcomes	NCLEX Test Plan
<p>2, 3, 4, 5, 6, 8</p>	<p>Safe and Effective Care Environment</p>

	<ul style="list-style-type: none"> • Management of Care (Advocacy, Case management, Client rights, Collaboration with interdisciplinary team, Confidentiality/Information security, Ethical practice, Informed consent, Legal rights, Performance improvement, Referrals) • Safety and Infections Control (Security plan, Use of restraints/safety devices) <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors)</p> <p>Psychosocial Integrity (Abuse/neglect, Behavioral interventions, Crisis intervention, Family dynamics, Mental health concepts, Support systems, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculations, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) • Physiological Adaptation (Illness management, Unexpected response to therapies)
Concepts	Faculty
Ethical and Legal Practice Current Theories in Practice	Jaynie Maya, MSN, RN-BC
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