

Covenant School of Nursing Reflective

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<p>Step 1 Description</p> <p>In the PBS film, "Poor Kids", it's centered around three families from small towns that share similar struggles such as finding steady jobs, paying bills, housing issues, and having enough food for their families. The film showed the families in 2012 and the obstacles they faced that year then followed up with them five years later in 2017.</p>	<p>Step 4 Analysis</p> <p>While watching the film you quickly realize that every one's struggle looks different. You typically hear people complain how they don't have "enough money" to afford the latest fashion or electronic trend, but don't realize that isn't a true financial issue. These families are genuinely trying their best just to scrape by. Two of the families shared similar endeavors such as, lack of job opportunities and stability. The third family were facing hard times because the mother is raising her children alone while suffering from mental illness.</p>
<p>Step 2 Feelings</p> <p>Watching "Poor Kids" was a reality check for me. Although being in nursing school has made money tight, I'm still able to pay my bills and eat three meals a day where these families didn't even have enough to have one meal. It saddens me whenever one of the children had stated that she would wake up with hunger pains, but thought about something else to help get rid of the pains. Another one stated how he would change the channel if a cooking show came on because all he could think about is crawling through the T.V. and eating all the food.</p>	<p>Step 5 Conclusion</p> <p>I feel as the families tried their best to make matters better, but seemed as it was never ending. They used resources, budget, downsized, and even didn't pay certain bills to have food. Even the children did what they would do to help their families by either mowing lawns, or recycling cans for money. I'm not sure what else they could have done. To me they did a great job at finding what little help they could get. I've learned from watching "Poor Kids" not to take what I have for granted. I know it's easier said than done, but seeing what these families are/have been through makes me realize how blessed I am.</p>
<p>Step 3 Evaluation</p> <p>I feel as being in this situation nothing is easy. To live life, the way they are is extremely difficult and stressful. It even seemed over the five years that they were somewhat in the same situation they were in prior. The only good thing about this situation is that the children spoke about continuing their education to live better lives and prosper.</p>	<p>Step 6 Action Plan</p> <p>During the film I saw a statement how America has one of the highest rate of poverty and I was set back. As a great country I feel as we should have more resources for honest struggling families like the ones in the film who are willing to do whatever they need to get out of the hole.</p>

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