

Allie Meade

### School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

- My view of the student population has changed quite a bit. The populations that we have seen in the hospital and at the school are very different. In the hospital the kids are very sick. Whereas the kids at school who came in to get their medications you would never even know that they needed those medications. Also, I felt like kids we see in the hospital tend to rely more on their parents to talk for them whereas at school the kids told us what was going on.

2. How has your view of the school nurse role changed?

- My view of a school nurse didn't change a whole lot. What I thought was interesting though was that the school nurses' job is not just solely to take care of the students. The nurse's job is to take care of anyone that enters the school whether that be student, family, or fellow faculty members. My nurse today told me about how she had to help and care for one of her coworkers who had a heart attack at school.

3. What surprised you about the school nurse experience?

- What surprised me the most about the school nurse experience was all the stories my nurse has had from her career. She told me about a few instances of having to call CPS on the children's parents. It just shocked me that something like that has happened to a district I had graduated from. In addition, it made me happy to see how big of an impact she has had on the kids' lives at that school.

4. What did you observe during your time there?

- During my time at FMS, we observed a softball slide injury, a bad cold, a girl that had a water bottle swung into her knee, and an athlete that needed his arm rewrapped. Majority of the things we saw today were all physical related to external injuries. I also, got to observe their new technology of doing nurse passes online and how they document medications.

5. How was your experience different from what you expected?

- My experience was different than I expected because, I was expecting more of a hospital pace (what we are use to right now). But it was a nice change of scenery! My nurse and I got to talk a ton about her journey of becoming a nurse and she gave me some helpful advice moving forward. She was one of the kindest nurses I have ever shadowed, and she was very informative! She

showed me how she documents vaccines & medications on the computer, how doctors' orders work in a school setting, and how to do screenings at the school.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of

- Some needs/ issues related to health that I was not aware of was that middle school kids are very accident prone. When I think of accident-prone kids, I think of younger children as in kindergarten age. However, I was surprised to see how many kids came into the nurse's office who all had cuts and scrapes from sports, theater, or even clubs. Even if they had gotten the cut or scrape the day before they still wanted to come in and let the nurse look at it and wrap it up.

7. Please list two developmental stages related to the population that you observed.

- Identity vs. role confusion
- Formal operational thought