

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

- I attended Coronado high school and saw quite a few interesting characters. It was more diverse than I remember from when I was in high school which I feel is a good thing. I did take part of care of students and staff that were involved in two different fights. I feel after my clinical my view on myself changed more. I used to think that I was still pretty similar to my high school self but after today I can most defiantly see the maturity difference.

2. How has your view of the school nurse role changed?

- I learned a lot in terms of each role the school nurse plays. Not only do they do the typical things like give ice packs and give Tylenol they also help with injuries from fights, assess kids that suspected to be on drugs, and provide aid to the kids that are waiting on EMS. My nurse today also gave a family a demonstration for a family of a newly diagnosed diabetic kid on how to work the Dexcom.

3. What surprised you about the school nurse experience?

- I enjoyed it more than I thought I would. I expected to be kinda boring honestly. I didn't take into account that they also have to do documentation, give meds to kids that scheduled, as well as attend any emergency.

4. What did you observe during your time there?

- within an hour there had been two fights. One fight a boy was jumped in the bathroom and was punched in his mouth. He has braces so it busted his lips pretty bad so he was bleeding quite a bit. We cleaned him up a bit and gave him warm water with salt to rinse his mouth out with and wax to put on his braces. The second fight we actually had to assess a female teacher who got in between two boys who were fist fighting. She ended up get punched in the head twice as result. She complained of a headache of course but consistently said she was fine and wanted to move on. The nurse did look at her pupils and that were pretty dilated but we could determine if it was because the classroom was dark. So during passing period we brought her an ice pack and reassessed and she was doing better. I watched the nurse fill out an incident report for the whole thing. I did help with a girl who was throwing up quite a bit as well. Right before I left there was a student who came in because she was having mouth pains due to getting her braces tightened. Well when she walked into the office it filled with the smell of weed. The two nurses did report it so an admin member came to get her and the nurses preformed an assessment on her to check the level of highness the student was. In the end they didn't was to give her Advil or Tylenol and cause a reaction to anything she previously had taken.

5. How was your experience different from what you expected?

- I felt I got lucky because all module I had heard that the other students had quite an uneventful clinical and really only saw the typical stomach ache and students needing ice packs. With my clinical I got to be a part of several different eventful situations.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

- with them being high school kids, I do forget that they are in fact still kids especially maturity wise. So, things I would find obvious to get help for they don't and they do put themselves in situations that could cause harm to themselves or people around them. Also, as a school nurse you are in charge of calculating carbs for the students with diabetes. The nurses are also the ones in charge of keeping the teachers and coaches up to date on their BLS so they had a CPR dummy in the office that they used often.

7. Please list two developmental stages related to the population that you observed.

- identity vs. Role confusion

- formal operation