

Signs & Symptoms
Rapid / shallow breathing
Grunting
Nasal Flaring
Abdominal retractions

Pathophysiology
Infants lungs are not developed enough to make surfactant.
Surfactant keeps the lungs open so the baby can breath.

Diagnostics/Labs
Blood Labs
Chest Xray
ECG

Respiratory Distress Syndrome

Treatment/Medication
Surf / turf
O2
Vent.
Intubate

Nursing Implications
Apply oxygen
Keep room @ cold temp.
elevate head of bed.
monitor cyanosis on lips / fingers / toes.

Patient Teaching
Keep room at cool temp.
Allow breaks while Feeding.
Small meals Frequently.
Keep head of bed elevated.
Apply O2 if sent home w/ baby.

D.O.B. 04/05/23
Gestational Age 34 wks Adjusted Gestational Age 38 wks
Birthweight lbs. oz. / grams
Current weight lbs. oz. / grams
APGAR at birth:

1864

1924

4 I believe.

Priority Nursing Diagnosis

Failure to thrive due to
RDS