

Signs & Symptoms
 Rapid / shallow breathing
 Grunting
 Nasal Flaring
 Abdominal retractions

Pathophysiology
 In infants, lungs are undeveloped and
 need to make surfactant.
Respiratory Distress Syndrome
 Surfactant keeps the lungs open so
 the baby can breathe.

Diagnostics/Labs
 Blood Labs
 Chest Xray
 ECG

Treatment/Medication
 Surf / turf 34wks
 O2
 Vent.
 Intubate
 4 I believe.

Nursing Implications
 Apply oxygen
 38wks
 Keep room @ cold temp.
 elevate head of bed
 monitor cyanosis on wrist/fingers/feet

Patient Teaching
 Keep room at cool temp.
 Allow breaks while Feeding
 small meals frequently
 Priority Nursing Diagnosis
 Keep the baby warm
 Apply O2 if sent home w/ baby.

04/05/23

1864
 1924

D.O.B. _____
 Gestational Age _____ Adjusted Gestational Age _____
 Birthweight _____ lbs. _____ oz. / _____ grams
 Current weight _____ lbs. _____ oz. / _____ grams
 APGAR at birth: _____