

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

I don't think my view of the student population has changed much from last time. I think kids these days are having to deal with more issues than when I was a kid. There's so many things that they have to worry about besides just the school work.

2. How has your view of the school nurse role changed?

I think school nurses are invaluable! They do so much more than just passing medications. School nurses can also be a great confidant for these kids, especially when they feel like they have no one else to talk to.

3. What surprised you about the school nurse experience?

The biggest surprise to me is seeing how many young kids need diabetes medication. I think diabetes is a big thing that needs to be discussed more in pediatric populations, and nurses should be leading the forefront to push for more affordable, healthy foods.

4. What did you observe during your time there?

There was a lot of ADHD medications, some upset stomachs (mainly due to post-nasal drip thanks to this weird weather), and a couple of kids who just needed a kind reminder to be kind to their teachers, even if they don't like their teachers.

5. How was your experience different from what you expected?

It was pretty much what I expected for a middle school population.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

I think the biggest thing is getting these kids and families more access to affordable, nutrient dense foods. The nurse had extra food in her office for kids to come get if they didn't get enough for breakfast.

7. Please list two developmental stages related to the population that you observed.

Erikson would classify this age group in the Identity v role confusion stage. These kids are trying to figure out who they are as a person and what is important to them. Freud would classify these kids in the genital stage. They are starting to become interested in the genders of the opposite sex, some of them are developing secondary sex characteristics and their bodies are starting to mature.