

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?
 - It is always nice to see different age ranges because I hardly saw that age range while working and going to clinicals at the hospital.
 - The nurses taught me that it might take a few tries to get answers out of them. It may be hard to get answers out of them because they don't like to automatically say how they are feeling.
2. How has your view of the school nurse role changed?
 - School Nurses do so much more than give ice and peppermints. They are able to create a safe space for the students at school. I saw that the students saw the nurses as friends and they created a strong bond with some of the students. I feel that is very essential because with adolescents it is important they can talk to someone they trust.
3. What surprised you about the school nurse experience?
 - What surprised me the most is how the campus has narcan. I think it is crazy for the school to carry it but it makes sense due to adolescents being involved in risky behaviors. It is better to be prepared than not prepared.
 - My nurse also said that for the most part they heal wounds from fights such as detaching the lip from braces and cleaning wounds.
4. What did you observe during your time there?
 - I observed a lot of strep, ear infections, and allergies during my time there. The nurses also showed me their new system for security that is amazing for keeping everyone safe. She said that if a fight breaks loose an adult is able to use their key card and press it to alert authorities and medical staff and for a lockdown they are able to spam the card and lock down the school.
5. How was your experience different from what you expected?
 - My experience was different from what I expected because they do so much more than be a nurse. They do so much more and are very underappreciated.
 - They also have communication with parents to figure out how they were before school to see if the child was feeling bad before coming to school to better assess the child.
6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?
 - I know that during high school the kids are experimenting and participating in risky behavior but it just shocked me how much they do such as drugs, and vaping.
 - The nurses did an amazing job at educating each child that went to prom about transmission of diseases. In their office they had a wall full of pamphlets about different topics; they also had posters with topics such as vaping with statistics and how it affects the body negatively.
7. Please list two developmental stages related to the population that you observed.

- Two developmental stages I saw were there being more intimate relationships. They are more interested in having relationships and dating, prom was this past weekend and the nurses were constantly educating about kissing and sharing drinks to prevent strep and other diseases going around.
- They also care a lot about peer acceptance, they care if they get accepted by their peers so I observed that they care very much about their appearance and they dress to impress.